Robert E. Wheelock Memorial Po Box 9, Stanhope, NJ, 07874-0009 Phone: 973.663-3008 Email: fishman23@optonline.net **Editor: Frank Arminio** Volume 8, Issue 6 **BROTHERS IN ARMS** JUNE 2021 Women *Veterans* hotline—1-855-VA-WOMEN (829-6636) VETERANS CRISIS HOT LINE 1-800-273-8255 PRESS 1 HOTLINE LINK: THEVETERANSSUPPORT.ORG-SUPPORT 1 Vet Center Combat Call Center 877-WAR-VETS NJ VET 2 VET 1-866-838-7654-www.njveteranshelpline.org

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VIETNAM VETERANS OF AMERICA FOUNDING PRINCIPLE IS "NEVER AGAIN WILL **ONE GENERATION OF VETERANS ABANDON ANOTHER".**

The Next VVA Chapter 327 Board Meeting is at 9:00 on Saturday June 26, 2021

> The Next VVA 327 Chapter Meeting is on Saturday July 26, 2021



41 U.S. 46

Budd Lake, NJ 07828

973-691-2222

PTSD WARD VISIT 3RD Monday of EVERY Month

<u>Welcome to the Vietnam Veterans of America New Jersey</u> <u>State Council Web Page</u>

http://vvanjsc.org/

Popular on Vets.gov

https://www.vets.gov/

NJ VET2 VET 1-866-383-7654 www.njveteranshelpline.org





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Department of Veterans Affairs, Office of Inspector General https://www.va.gov/oig/

PTSD WARD SCHEDULE VISITS FOR 2019

2019 PTSD WARD SCHEDULE.pdf



VA New Jersey Health Care System on Facebook

https://www.facebook.com/VANJHCS/

VA New Jersey Health Care System

https://www.newjersey.va.gov/

Surgeon General Social Distancing (:60)

https://www.youtube.com/watch?v=wKX1PQTz5_M

Veteran-Directed Care

https://www.youtube.com/watch?v=wucNcAjRl3c

Here is the website for this program: https://www.va.gov/GERIATRICS/pages/Veteran-Directed_Care.asp

Here is a link to an FAQ: https://www.va.gov/GERIATRICS/docs/Veteran-Directed_Care.pdf

Have you downloaded VA's COVID Coach App?

https://mobile.va.gov/app/covid-coach



In 1868, the Grand Army of the Republic—an organization formed to recognize the brotherhood of American Civil War Veterans—designated the 30th day of May for "decorating the graves of comrades who died in defense of their country" asking their members to "in their own way arrange such fitting services and testimonials of respect."

Their hope was that memorial services would continue every year as long as any "survivor of the war remains to honor the memory of his departed comrades." The Grand Army of the Republic was dissolved in 1956, but their legacy continues in our annual recognition each Memorial Day. Today, organizations like Vietnam Veterans of America serve an important role in maintaining the sacred tradition of commemorating, honoring, and remembering those who made the ultimate sacrifice while defending our country.

This Memorial Day, VVA Leadership will be present at the Vietnam Veterans Memorial for a ceremony of honor and remembrance, and thousands of communities across the country will host services and ceremonies. <u>We invite you to learn more about other</u> <u>Memorial Day events hosted by VVA Members,</u> <u>Chapters, and State Councils across the nation.</u>

This Memorial Day we join together in honoring the memories of those we have lost.



"The United States and the freedom for which it stands, the freedom for which they died, must endure and prosper. Their lives remind us that freedom is not bought cheaply. It has a cost; it imposes a burden. And just as they whom we commemorate were willing to sacrifice, so too must we—in a less final, less heroic way -- be willing to give of ourselves." -Former President Ronald Reagan

<u>"The brave die never, though they sleep in</u> <u>dust: Their courage nerves a thousand living</u> <u>men."</u>



VIETNAM VETERAN

A BROTHERS WHO FOUGHT WITHOUT AMERICA'S SUPPORT

A BROTHERS WHO RETURNED WITHOUT AMERICA'S WELCOME

A BROTHERS WHO WILL ALWAYS BE THE BEST AMERICA HAD

THEY TRAIN THEM TO GO TO WAR.. BUT NO ONE TRAINS THEM TO COME HOME

IT IS THE SOLDIER AND VETERAN NOT THE PREACHER WHO HAS GIVEN US FREEDOM OF RELIGION

IT IS THE SOLDIER AND THE VETERAN NOT THE REPORTER WHO GIVEN US FREEDOM OF THE PRESS

IT IS THE SOLDIER AND THE VETERAN NOT THE POET WHO HAS GIVEN US FREEDOM OF SPEECH

IT IS THE SOLDIER AND VETERAN NOT THE CAMPUS ORGANIZER WHO HAS GIVEN US FREEDOM TO ASSEMBLE

IT IS THE SOLDIER AND THE VETERAN NOT THE LAWYER WHO HAS GIVEN US THE RIGHT TO A FAIR TRIAL

IT IS THE SOLDIER AND THE VETERAN NOT THE POLITICIAN WHO HAS GIVEN US THE RIGHT TO VOTE

IT IS THE SOLDIER AND VETERAN WHO SALUTES THE FLAG IT IS THE SOLDIER AND VETERAN WHO SERVES UNDER THE FLAG

GOD BLESS THEM ALL

Dear Frank:

Thank you for taking the time to write to me about your support for our brave veterans and their families. I rely on the input of engaged New Jerseyans like you when making decisions, and I appreciate you sharing your thoughts.

My parents taught me that I drink deeply from wells of freedom and liberty that I did not dig. Our nation's excellence was built by those who served and by those who fought for freedom and equality. Without the selfless service of our troops and sacrifices of their families, we would not be able to enjoy the freedoms that make the United States of America so extraordinary. While we can never repay the immeasurable debt we owe to our service members and veterans, we must always endeavor to honor their sacrifice.

Each of our veterans, service members, and their families are a testament to extraordinary depths of patriotism. As your United States Senator, I am proud to be a voice in the Senate for the almost 400,000 veterans that call New Jersey home, and I am dedicated to ensuring our veterans receive the recognition and benefits they deserve from an eternally grateful nation. I have long admired our state's great heroes. Their passionate advocacy continues to inspire my own service, and it has been one of my greatest privileges to work with these incredible leaders to guarantee that our nation does not fall short on its promise to our veterans.

Last Congress, I was proud to lead the Senate in passing a resolution designating June 12th as "Women Veterans Appreciation Day" (S.Res.616) to recognize the service and sacrifice of our female veterans. I also led legislation to provide support for veterans and service members, including bills that would remedy critical gaps in GI Bill benefits for student veterans, extend funding for the Gold Star Families National Monument, establish a pilot program to furnish doula services to pregnant veterans enrolled in the VA health care system, provide service dogs to eligible veterans, and expand eligibility for military spouses for vocational and educational benefits. Additionally, I cosponsored critically necessary legislation that would extend the presumption of service-connection for certain diseases associated with exposure to burn pits and Agent Orange for those who have served in Thailand and the Korean Demilitarized Zone (DMZ). Furthermore, I cosponsored bills that would increase gender-specific services at the VA, improve and expand current mental health services, reform the Uniform Code of Military Justice, increase access to contraception and family planning information, and recognize the service and sacrifice of the 74 sailors killed in action on the U.S.S. Frank E. Evans.

Additionally, caring for our nation's veterans is one of our most sacred responsibilities, and while we have made progress, there is still much to do. When our brave servicemen and women signed up to serve our country, we agreed to support them upon their return. Please know I am a proud partner in the fight to honor those who have given so much for our nation, and I will keep your thoughts in mind as the Senate debates issues pertaining to veterans.

Again, thank you for writing to me. I am honored to represent you in the United States Senate, and I value what I hear from New Jerseyans about the issues our state and nation face. Please continue to keep in touch with your thoughts and concerns. For more information on my work in New Jersey and in Washington, please visit my website at <u>www.booker.senate.gov</u>.

Sincerely,

Cory A. Booker

United States Senator

Lawmakers Want Action on VA Records Backlog

https://www.fedweek.com/armed-forces-news/lawmakers-want-action-on-va-records-backlog/

Vaccine Eligibility for TRICARE Beneficiaries Expanded; Anyone Over 12

https://www.fedweek.com/armed-forces-news/vaccine-eligibility-for-tricare-beneficiaries-expanded-anyone-over-12/

Korea Vet Awarded Medal of Honor

https://www.fedweek.com/armed-forces-news/korea-vet-awarded-medal-of-honor/

S. 189: Veterans' Disability Compensation Automatic COLA Act of 2021

https://www.govtrack.us/congress/bills/117/s189?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_medium=e mail

VIETNAM WAR VETERANS

Honoring Those Who Served - Memorial Day 2021

https://www.data.va.gov/stories/s/q3fu-7ckx

VA plans expansion of benefits for disability claims for conditions related to certain toxic exposures

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5675

Copayment refund notification letters mailed to Veterans

https://blogs.va.gov/VAntage/89277/copayment-refund-notification-letters-mailed-veterans/

Insurance fraud schemes impact everyone, including Veterans

https://blogs.va.gov/VAntage/89096/insurance-fraud-schemes-impact-everyone-including-veterans/

Military Discounts for Major League Baseball Games

 $\label{eq:https://www.military.com/discounts/military-discounts-for-major-league-baseball-games.html?ESRC=at-ease.nl&spMailingID=6948630&spUserID=MTI5MTUxNjE2MDUwS0&spJobID=1260853877&spReportId=MTI2MDg1Mzg3NwS2$

Read "The Rural Connection" Summer 2021 Issue

https://www.ruralhealth.va.gov/docs/news/ORH_Newsletter_Summer2021_FINAL.pdf

June is PTSD Awareness Month, Spread the Word

https://content.govdelivery.com/accounts/USVHA/bulletins/2e19451

VA to start processing Vietnam vets' claims for conditions newly linked to Agent Orange poisoning

https://www.militarytimes.com/veterans/2021/05/27/va-to-start-processing-vietnam-vets-claims-for-conditions-newly-linkedto-agent-orange-poisoning/

Amid pressure, VA eyes speeding benefits for burn pit exposure illnesses

https://www.militarytimes.com/veterans/2021/05/27/amid-pressure-va-eyes-speeding-benefits-for-burn-pit-exposureillnesses/

Vets Chat & Chew Program



The Vets Chat and Chew Program is for veterans, active military and their families. Learn how to feel better with healthy eating! Participants create and share healthy, simple and inexpensive meals under the guidance of a professional chef and nutrition consultant. Check out more pictures and videos on the website and facebook.

Contact us: 201-592-1130 Website: www.vetschatandchew.com

info@vetschatandchew.com

"Like" us on facebook: facebook.com/vetschatandchew

VIEW NEWSLETTER HERE TAKE A LOOK AT OUR NEW WEBSITE! : <u>click here</u>

Section 1: NJ Civil Service Opportunities, Trenton, NJ: Investigator Trainee FT: <u>click here</u> Investigator 2 FT: <u>click here</u> Investigator 2 PT: <u>click here</u>

Section 2: Want to go fishing with other veterans?: click here

Section 3: Valley Bank Hiring Statewide, Virtual Info Session, May 25: click here

Section 4: Film Maker looking for archival material, family, friends, and veterans that served with the Edison 64 students killed in Vietnam: <u>click here</u> Section 5: Amazon in-person hiring event, May 21, Budd Lake NJ: <u>click here</u> Section 6: Home Depot virtual event for military spouses, May 25: <u>click here</u> Section 7: Randstad telework positions available, virtual event, May 25: <u>click here</u> Section 8: STAND DOWN, Atlantic City, May 28: <u>click here</u> Section 9: IT Specialists needed, Picatinny Arsenal, NJ: <u>click here</u> Section 10: Remote Data Strategist needed at American Red Cross: <u>click here</u> Section 11: PT School bus drivers wanted, virtual event, May 27: <u>click here</u> Section 12: Seeking Veterans for electrician position, Cape May: <u>click here</u>



The Vets Chat and Chew Program is for veterans, active military and their families. Learn how to feel better with healthy eating! Participants create and share healthy, simple and inexpensive meals under the guidance of a professional chef and nutrition consultant. Check out more pictures and videos on the website and facebook.

Contact us: 201-592-1130 Website: www.vetschatandchew.com

info@vetschatandchew.com "Like" us on facebook: facebook.com/vetschatandchew

VIEW NEWSLETTER HERE

NEW VETS CHAT & CHEW PROGRAM : APRIL 14 TO MAY 19, 2021 : CLICK HERE

TAKE A LOOK AT OUR NEW WEBSITE! : click here

- Section 1: Veteran Entrepreneur Training, Rider University-starts May 2021: click here
- Section 2: VETERANS: want to do some fishing with other veterans?: click here
- Section 3: NJ Transit Veterans Only Virtual Job Fair, May 13: click here
- Section 4: Cognosant wants to hire a Veteran Outreach Specialist: click here
- Section 5: Employment Horizons looking for:

Chief Operating Officer: <u>click here</u>

Media & Donor Management Specialist: click here

Employment Support Specialist: click here

Career Development Professional: click here

Section 6: State of NJ-hiring 26 security guards in Newark & Trenton: click here

Section 7: On Site Job Fair--May 12, Secaucus NJ: click here

Section 8: 4 Document Control Specialists Needed, Newark, NJ: click here

Section 9: Computer & cell phone repair technician wanted, Hackettstown, NJ: click here

Section 10: Immediate Warehouse Hirings, Secaucus, NJ: click here

Vets Chat Inc. · 2460 Lemoine Ave., Suite 400-J · Fort Lee · New Jersey · 07024

May 19, 2021

Dear Frank:

Thank you for taking the time to share your thoughts with me. I appreciate hearing from you and rely on the input of engaged New Jerseyans when making decisions.

I am inspired by the dedication and activism of constituents across the state of New Jersey who take the time to contact me on issues of concern or to share stories about how legislation in Washington, DC affects their daily lives. Thank you for being one of those voices. I want to let you know that my office has received your message.

I am honored to represent you in the United States Senate, and I hope you will continue to contact me and my staff about the issues that are important to you. There are many challenges before us, but I know that if we work together we will be able to make our state and our nation stronger.

For more information on my work in New Jersey and Washington, DC, please visit my website at booker.senate.gov. If you would like to speak with my staff about a policy issue, please call (202)-224-3224.

Sincerely,

Cory A. Booker

United States Senator

Biden awards 'long overdue' Medal of Honor to retired Col. Ralph Puckett Jr.

http://veteransview.com/news/biden-awards-long-overdue-medal-of-honor-to-retired-col-ralphpuckett-jr

DAV volunteers clean, highlight American Veterans Disabled for Life Memorial

Event was group's first effort since 2019 due to COVID-19 pandemic

 $\underline{https://blogs.va.gov/VAntage/89224/dav-volunteers-clean-american-veterans-disabled-life-memorial/life-memorial$



Dear Mr. Arminio,

Thank you for writing to me to express your support for S. 976, the Caring for Survivors Act. Your opinion is very important to me, and I appreciate the opportunity to respond to you on this legislation.

As you may know, the Caring for Survivors Act increases the payment amount for Dependency and Indemnity Compensation (DIC) provided by the Department of Veterans Affairs. Additionally it provides eligibility for DIC payments to veterans who were rated as totally disabled for five years prior to their death. This legislation has been referred to the Senate Committee on Veterans' Affairs. Although I am not a member of this committee, rest assured I will keep your views in mind should this bill receive a vote in the United States Senate.

Our servicemen and women have fought for our freedom and security in the most difficult of situations and continue to do so. They have risked their lives to protect ours. I believe now more than ever it is our responsibility to provide our brave men and women and their families all the care and resources they deserve both during their service and throughout their lives.

Again, thank you for sharing your thoughts with me. Please do not hesitate to contact me if I can be of further assistance. I invite you to visit my website (<u>http://menendez.senate.gov</u>) to learn more about how I am standing up for New Jersey families in the United States Senate.

Sincerely,

BOB MENENDEZ United States Senator



January 6 Commission, Mental Health Resources Panel, Recent Legislation



Dear Friends,

I hope this newsletter finds you well. I am writing today to share a few updates on what I have been working on in Washington.

Last week, the House passed H.R. 3233, which would establish an independent, bipartisan commission to investigate what happened on and what led up to the attack on our nation's Capitol on January 6. I have been advocating for this commission since this horrific attack took place. The effort to help our nation confront and heal from that attack has been an issue close to my heart. I spoke about the need for this commission and what it'll help us do as a nation on MSNBC's Morning Joe and on the House floor this past week; you can watch the videos below.

In honor of May's designation of Mental Health Awareness Month, yesterday I hosted a panel discussion on mental health resources for school-aged children during COVID. That video is also linked below.

I've also included updates on other important pieces of legislation we passed recently in the House, including the GI Bill NEED Act, legislation I introduced to help ensure that our veterans can take full advantage of benefits they earned during their service.

Finally, I wanted to remind everyone to get your vaccine if you haven't already. It is safe, effective, and the key to getting our communities back to normal. Appointments are abundant and we've never been closer to finally defeating this virus than we are now. Find an appointment today at <u>https://covid19.nj.gov/pages/finder</u>.

Stay safe and take care,

miniche

Mikie Sherrill

P.S. We're almost halfway through 2021 and I'd love to hear what issues matter most to you now. Please fill out my survey by <u>clicking here.</u>

Vote on the January 6 Commission

The attacks on the Capitol on January 6 was the worst in our nation's history. An angry mob was incited by the former president, his allies, and conspiracies online with the intent of undermining our democratic process.

Events like January 6 do not happen in a vacuum. An investigation must go further than analyzing this event as a security failure. We must confront the whole problem, recognize the January 6 attack for what it was, and find accountability for those who played a role. Only then can we move forward and heal as a nation.

In the wake of 9/11, Congress created a commission that investigated that day and what led to it. For many in New Jersey who were so directly impacted by those attacks, the commission brought a bit of closure and healing. In the same vein, we need a similar commision at this moment to review the January 6 attack to help come to grips with what led to that day as a country in our effort to build a more resilient democracy.

To read more about H.R. 3233, legislation to create a commission to investigate what led up to and the events of January 6, <u>click here.</u>



Last week, I rose on the House floor before the vote to speak about why it's so crucial we establish an independent, bipartisan commission. Click above to watch.



We passed H.R. 3233 with bipartisan support, but still too many of my Republican colleagues are attempting to rewrite the history of what happened that day and voted against establishing the commission. I spoke about their opposition and why the commission is important with the anchors of Morning Joe. Click above to watch.

Mental Health Resources for School-Age Children During COVID



Click to Watch

May is Mental Health Awareness Month. Yesterday, I was joined by local experts to highlight the impact the pandemic has had on young people across the district and provide resources for those who may need them. Click above to watch the panel discussion.



PAWS for Veterans Therapy Act

Recently, the House passed H.R. 1448, the Puppies Assisting Wounded Servicemembers (PAWS) for Veterans Therapy Act. As a lead sponsor of this legislation, I was so proud to see this crucial legislation pass the House and will continue to fight for it as it works its way through the Senate. The experts all agree that service dogs are one of the best mental health treatments for veterans who may be struggling from post-traumatic stress and establishing this program would be one of the common-sense solutions our veterans deserve. I first became an advocate for this legislation after a number of conversations about the cost barriers many veterans face in trying to obtain a service dog. For the lives of some servicemembers, the program created by this legislation and the dogs they connect with could be life changing. This treatment has proven results and should be made more readily available to our veterans.

To read more about the bill, click here.

GI Bill NEED Act

Last week, the House passed the GI Bill NEED Act, bipartisan legislation that I introduced earlier this year. This critical bill would protect access to veterans' GI Bill and Veteran Readiness and Employment (VR&E) educational and vocational programs from expiring due to national emergencies, like COVID-19. H.R. 2167 also ensures family members of those who die from service-connected disabilities automatically qualify for in-state tuition rates with their educational assistance and will give future recipients an unlimited time period to leverage that assistance.

I'm honored to have led a bipartisan effort to ensure our veterans don't lose their educational benefits as a result of the lost year of the COVID pandemic. I'm particularly proud that I was able to support the educational needs of the families of those who gave their lives for this country.

To read more about my bill, click here.

Pregnant Workers Fairness Act

Like many people across the country, I worked during my four pregnancies. It often has its challenges but for many employed soon-to-be parents, it's crucial for them to continue working. Yet in too many workplaces, pregnant employees are put on unpaid

leave simply because they've asked for reasonable accommodations due to their pregnancy or after their childbirth.

H.R. 1065, the Pregnant Workers Fairness Act, protects workers impacted by pregnancy, childbirth, or related medical conditions from workplace discrimination and allows them to continue working during their pregnancy. I am a proud co-sponsor and am glad to see it pass in the House.

To read more about this bill, click here.

COVID-19 Hate Crimes Act

Throughout the pandemic, we saw a disturbing rise in racist rhetoric and hate crimes against Asian Americans. This violence cannot go unchecked. That is why I voted for the bicameral COVID-19 Hate Crimes Act. This legislation directs the DOJ to conduct a thorough review and investigation of hate crimes committed against Asian Americans in the wake of the pandemic, to bring justice to those harmed. President Biden signed this bill into law last week.

To read more about this bill, <u>click here.</u>

<u>Tragedy Assistance Program for Survivors (TAPS) Memorial Day</u> <u>message</u>

https://blogs.va.gov/VAntage/89367/tragedy-assistance-survivors-memorial-day/

Hearings to examine S.89

https://www.congress.gov/event/117th-congress/senate-event/329223

Korean and Vietnam War Veteran awarded belated honors

https://blogs.va.gov/VAntage/89203/korean-vietnam-war-veteran-awarded-belated-honors/

I'm incredibly honored to serve the 11th District and will continue to work hard on the issues that will move New Jersey, and this country, forward.



Congressman Kim and other members of Congress attend a ribbon laying ceremony at Arlington National Cemetary, 5/19/21.

May 28, 2021

As we head into Memorial Day Weekend, I wanted to thank you for your service and share some information with you that might be useful from the Department of Veterans Affairs. It is always important for us to recognize those who served, but it is especially important to remember those who served our country bravely as we approach Memorial Day.

Yesterday two major decisions were made related to presumptive conditions associated with Agent Orange and particulate matter exposures during military service in Southwest Asia. Please share this email and information with other veterans you might know, if you think they would find this helpful, or they may have been impacted by any of these conditions due to their service activity. First, the VA will begin implementing provisions of the William M. Thornberry National Defense Authorization Act, adding three conditions to the list of those presumptively associated with exposure to herbicide agents, more commonly known as Agent Orange. Those conditions are bladder cancer, hypothyroidism, and Parkinsonism. In addition to this, due to a recent court order, all Veterans who served during the Vietnam War that had claims denied for these conditions will automatically have their cases reviewed without needing to refile. The VA will also send letters to impacted Veterans and survivors.

Second, the VA recently completed a process resulting in the recommendation to consider creation of new presumptions of service connection for respiratory based conditions. The VA's review will begin processes to address the role that particulate matter pollution plays in generating chronic respiratory conditions, which may include asthma, rhinitis, and sinusitis, for Veterans who served in the Southwest Asia theater of operations during the Persian Gulf War and/or after September 19, 2001, or in Afghanistan and Uzbekistan during the Persian Gulf War.

For more information on these changes, you can visit the VA's website by clicking here.

I hope those veterans who have served our country are able to get the assistance they need. If you are in need of further assistance to access your veterans benefits, please don't hesitate to reach out to any of my offices.

Sincerely,

Indysim

Andy Kim Member of Congress

Please Contact Us If We Can Be Of Service To You

Toms River Office	Washington, D.C. Office	Willingboro Office	
33 Washington Street	2444 Rayburn Building	429 John F. Kennedy Way	
Toms River, NJ 08753	Washington, D.C. 20515	Willingboro, NJ 08046	
District Director	Defense Fellow,	Outreach Director,	
Ben Giovine	Miranda Summers Lowe	Antoinette Miles	
Ben.Giovine@mail.house.govMiranda.Summers.Lowe@mail.house.govAntoinette.Miles@mail.house.gov			
(202) 760-1692	(202) 557-8217	(202) 744-1940	

VA's HUD-VASH program partners with pet organizations to help Veterans experiencing or at risk of homelessness

https://blogs.va.gov/VAntage/89370/vas-hud-vash-program-partners-pet-organizations-help-veterans-experiencing-risk-homelessness/



U.S. Department of Veterans Affairs

Veterans Health Administration New Jersey Health Care System

Virtual Caregiver Support Fair

Inclusive Care: Empowering & Engaging Caregivers as Partners in Care

Friday, June 11th, 2021 12:45pm to 3:15pm

Join us for Presentations from: AARP: Six Pillars of Brain Health: Keeping your Brain Healthy VANJHCS Caregiver Support Program: News & Updates VA Whole Health Program: Circle of Health: Connections Between Your Life, Health & Overall Will-Being as You Care for a Veteran Chair Yoga! Learn to Reduce Stress with this Time Honored Exercise

> Via WebEx Click Here to Join Phone Only: Call: 404-397-1596



U.S. Department of Veterans Affairs

Veterans Health Administration New Jersey Health Care System

Virtual Caregiver Support Summit

Inclusive Care: Empowering & Engaging Caregivers as Partners in Care

Friday, June 11th, 2021 9:00am to 12:00pm

With Presentations from: Veterans Benefit Administration Service connection, Aid & attendance & financial benefits Intimate Partner Violence Assistance Program Strength At Home, Warrior to Soulmate Volunteer Lawyers for Justice Evictions, Veteran Legal Resources, Child IEP issues Alzheimer's Association of NJ Understanding & Responding to Dementia Related Behavior Target Audience for the Summit: Providers, care managers, discharge planners,

social workers, community partners and VA staff

To attend the Summit:

Via O WebEx Click Here to Join Phone Only: Call: 404-397-1596 Enter Meeting #: 199 747 7685

(...)

VA You can count on us.

We have resources to address the unique stressors and experiences that Veterans and those who support them may face — and we're just a click, call, text, or chat away. You can reach us through one of the resources listed below.

Resources	Phone Number
National Call Center for Homeless Veterans Promotes recovery-oriented care for Veterans who are homeless or at risk for homelessness	<u>1-877-424-3838</u> (Mon - Fri, 8 a.m 8 p.m. ET)
Quit Vet Offers tobacco cessation counseling in English and Spanish	<u>1-855-784-8838</u> (Mon - Fri, 9 a.m 9 p.m. ET)
Veterans Crisis Line Provides a free, confidential way for anyone in crisis to connect with caring, qualified responder	<u>1-800-273-8255</u> and press 1 or Text 38255 or Chat online at VeteransCrisisLine.net/Chat . (24/7)
War Vet Call Center Provides a place for combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life	<u>1-877-927-8387</u> (24/7)
Women Veterans Call Center Provides women Veterans, their families, and caregivers information about VA services and resources	<u>1-855-829-6636</u> (Mon - Fri, 8 a.m 10 p.m. ET) (Sat, 8 a.m 6:30 p.m. ET)
Real Warriors Promotes a culture of support for psychological health by encouraging the military community to reach out for help whether coping with the daily stresses of military life, or concerns like depression, anxiety and posttraumatic stress disorder.	<u>1-866-966-1020</u> (24/7)
Caregiver Support Offers training, educational resources, and multiple tools to help caregivers in	<u>1-855-260-3274</u> (Mon - Fri, 8 a.m 8 p.m. ET)

their role of promoting the health of Veterans.	
<u>Coaching Into Care</u> Provides education, support, and empowerment to family members and friends who are seeking care or services for a Veteran.	<u>1-888-823-7458</u> (Mon - Fri, 8 a.m 8 p.m. ET)

Learn how you can connect with us in other ways by visiting our website.



Get help from the Veterans Crisis Line.

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

GET HELP

Want to help others get support?

Being there is one of the best ways you can support the mental health of others. For more tools, tips and resources, explore our toolkit.

MORE TOOLS

Veterans could be targets of pension poaching scams

https://blogs.va.gov/VAntage/89079/veterans-targets-pension-poaching-scams/

DAV volunteers clean, highlight American Veterans Disabled for Life Memorial

https://www.youtube.com/watch?v=jiiaSzhPIdA

Zero COVID deaths among Veterans Affairs patients for the first time in 14 months

https://www.militarytimes.com/veterans/2021/05/25/zero-covid-deaths-among-veterans-affairs-patients-for-the-first-time-in-14-months/

Ten Ideas to Get Started from Veterans like you

https://www.maketheconnection.net/mhm



Editor Paula P. Schnurr, PhD Senior Associate Editor Lauren M. Sippel, PhD Associate Editors Paul E. Holtzheimer, MD Jennifer S. Wachen, PhD Rachel Zelkowitz. PhD

National Center for PTSD US Department of Veterans Affairs

CLINICIAN'S TRAUMA UPDATE Online

Issue 15(2), April 2021

For COMPLETE summaries, see this month's <u>CTU-Online</u>.

Treatment

Smoked cannabis appears ineffective in treating PTSD

Cannabis is frequently used by Veterans with PTSD, but the safety and effective of cannabis for PTSD has not been established. A recent study funded by the Colorado Department of Public Health and Environment and the Multidisciplinary Association for Psychedelic Studies tested three formulations of smoked cannabis in a two-stage, randomized, placebo-controlled trial. <u>Read this</u> <u>*CTU-Online*</u>.

Safety and effectiveness of CPT among Veterans at risk for suicide

EBPs for PTSD reduce suicidal ideation (see the <u>June 2013 *CTU-Online*</u>), but research with Veterans at more acute risk for suicide, such as those who previously attempted suicide, has remained sparse. A team led by investigators at the VAMC in Salt Lake City used medical record data to evaluate CPT outcomes among Veterans at increased suicide risk. <u>Read this *CTU-Online*</u>.

New study compares Adaptive Disclosure to CPT

Adaptive Disclosure, an emotion-focused therapy for combat-related PTSD, was previously found to improve PTSD in an uncontrolled study but had not yet been tested in a randomized controlled trial. Investigators from the VA Boston Healthcare System led a non-inferiority study comparing Adaptive Disclosure to CPT. <u>Read this *CTU-Online*</u>.

Efficacy of CPT among Veterans who experienced moral injury

A team led by investigators from Rush University Medical Center examined whether exposure to a morally injurious event or targeting a morally injurious index event during CPT was associated with higher symptom severity or impacted treatment response. Some authors have suggested that existing EBPs for PTSD may not be as effective among Veterans who have experienced moral injury, yet prior studies had not directly tested this idea. <u>Read this CTU-Online</u>.

Vortioxetine not effective in the treatment of PTSD

Antidepressants targeting the serotonin neurotransmitter system comprise the few medications demonstrating efficacy in treating PTSD. Vortioxetine is an antidepressant medication that affects the serotonin system in several novel ways. A research team led by investigators at Emory University and the University of Miami tested the efficacy of vortioxetine in patients with PTSD. Read this *CTU-Online*.

Dropout in trials comparing treatments for PTSD

Predicting dropout from effective PTSD treatment continues to be a critical challenge for the field (see Take Note in this issue of *CTU-Online*). In two new studies, teams led by an investigator at Case Western Reserve University examined dropout from several treatments for PTSD: PE and sertraline in one study and COPE and Seeking Safety in the other. <u>Read this *CTU-Online*</u>.

Further evidence that PE does not worsen PTSD symptoms PE

Patients and providers often cite concerns that exposure-based therapies will worsen PTSD symptoms, despite little evidence for this claim (see the <u>February 2014 *CTU-Online*</u>). A new study by investigators at the University of Washington provides more evidence of a lack of symptom exacerbation in PE. <u>Read this *CTU-Online*</u>.

Assessment

PC-PTSD screen for DSM-5 validated for use in primary care

Screening for PTSD in primary care is mandatory in VHA, so it is crucial to have PTSD screening instruments adapted for this setting. Investigators at the National Center for PTSD have now validated the Primary Care Posttraumatic Stress Disorder Screen updated for DSM-5 (PC-PTSD-5) against the CAPS-5, the gold-standard assessment for PTSD. <u>Read this CTU-Online</u>.

Take Note

Dropout from PTSD treatment

Two new papers report on dropout from PTSD treatment. A team led by investigators at the Psychological Health Center of Excellence in Washington conducted a systematic review and meta-analysis of dropout from RCTs of psychotherapies for PTSD among military and Veteran samples., Investigators at the Michael E. DeBakey VA Medical Center carried out a systematic review of factors associated with PTSD treatment dropout among OIF/OEF Veterans.

Read the first article. | Read the second article.

Network meta-analysis of expressive writing for PTSD

A team led by investigators at the University of Basel in Switzerland conducted a systematic review and network meta-analysis of RCTs examining outcomes for expressive writing interventions for PTSD. <u>Read the article.</u>

Meta-analysis of third wave CBT for PTSD

Investigators at Auburn University carried out a meta-analysis of studies of third wave cognitive-behavioral interventions for PTSD, such as ACT, DBT, Mindfulness-Based Cognitive Therapy, and Behavioral Activation. <u>Read the article.</u>

Systematic reviews of cannabinoids for PTSD

Two new systematic reviews address cannabinoids for PTSD. The first, conducted by investigators at McMaster University, review physical and mental health outcomes associated with cannabis use in Veterans; the second, by investigators at the Geisel School of Medicine at Dartmouth, is a review of RCTs testing the effects of cannabinoids on PTSD, mood disorders, and anxiety.

Read the first article. | Read the second article.

Mental health care for Service members living away from military bases

In a new report, RAND investigators examined access to mental health care and the quality of care for Service members with PTSD, depression, or substance use who live off base from military facilities. <u>Read the report.</u>

Tell a friend so they can subscribe to CTU-Online.

Sign up for the PTSD Monthly Update or other publications from the National Center for PTSD.

ARE YOU TREATING U.S. VETERANS WITH PTSD?

WE CAN HELF



Our <u>PTSD Consultation Program</u> can answer questions about assessment, treatment, medications, and more: <u>PTSDconsult@va.gov</u> or 866-948-7880

The Clinician's Trauma Update, *CTU-Online*, is an electronic newsletter produced by the National Center for PTSD, Department of Veterans Affairs. *CTU-Online* provides summaries of clinically relevant publications in the trauma field with links to published abstracts or full text articles when available. Please send any feedback to Lauren.Sippel@va.gov.



U.S. Department of Veterans Affairs Veterans Health Administration Office of Patient Centered Care and Cultural Transformation



Veterans Please Join Us For: Whole Health Welcome & Taking Charge of my Health and Life Series

What is it?

A virtual session where we will describe areas of self-care each week. You will have the opportunity to be paired up with a Whole Health Coach to help you along your journey towards Whole Health. This is an opportunity to network with other Veterans, and create attainable goals while receiving support from your Whole Health Care team.



Dates and Times: 6 week session Starting Tuesday June 1st 2:00pm-4:00pm (Class Welcome) June 8th- July 6th 2:00pm-3:30pm

VA accepting walk-ins for COVID-19 vaccinations nationwide

https://blogs.va.gov/VAntage/88597/va-accepting-walk-covid-19-vaccinations-nationwide/

Don't let distance deter you

Veterans Health Administration sent this bulletin https://content.govdelivery.com/accounts/USVHA/bulletins/2d85338

Veteran, 74, has message for people reluctant to get vaccine

https://blogs.va.gov/VAntage/88112/veteran-74-message-people-reluctant-get-vaccine/

Homeless Veterans largely satisfied with community health care options

https://blogs.va.gov/VAntage/87974/homeless-veterans-largely-satisfied-community-health-care-options/

This Mental Health Month, explore advice from Veterans to Veterans

https://blogs.va.gov/VAntage/88148/mental-health-month-explore-advice-veterans-veterans/

Veterans can get tools, resources at Military OneSource

https://blogs.va.gov/VAntage/87185/veterans-can-get-tools-resources-military-onesource/

VetsGoGlobal and the free Export Education Program

https://blogs.va.gov/VAntage/88141/vetsgoglobal-free-export-education-program/

Law expands Veteran housing benefits https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5662

As space dwindles, final rules on burial eligibility for Arlington Cemetery expected this fall

https://www.militarytimes.com/news/pentagon-congress/2021/05/05/as-space-dwindles-final-rules-on-burial-eligibility-for-arlingtoncemetery-expected-this-fall/?utm medium=EMAIL



Report a Homeless Veteran to the Rapid Response Team (609) 619-0861





Being Homeless Hurts, OPERATION CHILLOUT Helps.

2021 Summer Homeless Outreach Campaign



Hello Frank,

When you spend time outside in hot weather, you probably start to feel thirsty in a fairly short time. Finding clean, safe drinking water can be a challenge for our homeless population and dehydration can lead to severe illness or death. OPERATION CHILLOUT's Annual Summer Homeless Outreach began in 2004, following the death of a homeless veteran who resorted to drinking polluted river water near his encampment.

Please help us continue the tradition of providing lifesaving water to the homeless by donating \$10 to purchase 3

cases of bottled water. Because of COVID-19 restrictions, the OCO Summer Water Drive is entirely online. Our target this year is 750 cases by July 4th. Safe water saves lives!

We are also requesting donations for the OCO Rapid Response Team and the Emergency Supplies Fund due to shortages related to cancelled fundraisers during the pandemic. Please visit our website at <u>www.OperationChillout.org</u> to donate. Thank you for your support!

Join Us To Celebrate Tony and Noi DeStefano!

OPERATION CHILLOUT would like to recognize our very own National Homeless Veterans Outreach Coordinator, Major Tony DeStefano and his wife, Noi. Tony served in the U.S. Army as a major in the Signal Corps and on the Coalition staff in the Iraqi war. He joined OCO in 2007 and has been involved in every aspect of our mission. Tony volunteers at Lyons VA Medical Center and helps to identify Post Traumatic Stress Disorder in homeless veterans so they can get treatment. Noi has organized many successful fundraisers for our outreach programs through the years. We wish them well as they relocate to Florida this summer.



All are invited to thank Tony and Noi for their faithful service to OCO and their deep friendship with us all. We have organized a fun, safe, outdoor event on **May 8 at VASA Park in Hackettstown, NJ starting at 3PM.** Bring your own food! There will be live music, a cash bar, and two grills fired up. Please bring face masks and observe safe distancing while at the park. We look forward to seeing you there!

NJ Women's Clubs Donate Gift Cards to Operation Chillout

Vets Summerfest 2021

Save the date! *Vets Summerfest will be held on August 14, 2021.* There will be a live concert, great food and a motorcycle ride included



New Jersey State Federation of Women's Clubs, the largest volunteer women's service organization in the state, has partnered with OPERATION CHILLOUT for their special State Project 2020-22.

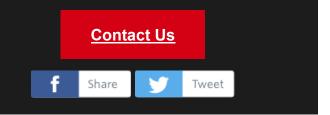
NJSFWC Member clubs recently donated hundreds of gift cards that will be used by OCO outreach programs and our partner organizations. We are very grateful for their commitment to our mission and tireless efforts to help the homeless in NJ. in the event. Although there will be a limited number of tickets to attend the event at VASA park, we are planning to live stream the concert for remote viewing. Stay tuned for more details!



Special thanks to the Hackettstown Elks Lodge #2331 for donating \$1500 to the OCO Rapid Response Team! *Pictured: Leslie Chimileski, Helene Walsh (Elks), Maj. Tony DeStefano, Liz Thurrott (Elks), Al Compoly, Deacon Ray Chimileski and John Hennessy.*

OPERATION CHILLOUT

is a 501-c-3 not-for-profit organization. All donations are tax deductible to the amount allowed by law. Federal ID #: EIN 27-0181975



OPERATION CHILLOUT | PO Box 353, Long Valley, NJ 07853

<u>Army Fort Jackson Trainee Arrested After Allegedly Hijacking a</u> <u>School Bus Full of Children</u>

https://www.military.com/daily-news/2021/05/06/army-fort-jackson-trainee-arrested-after-allegedly-hijacking-school-bus-full-ofchildren.html There are 58,267 names on the wall. 39,996 were just 22 or younger. 8,283 were 19. 33,103 were 18. 12 were 17 years old. 5 soldiers were 16.

A FEW FACTS ABOUT THE

CINAL

ANO

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FORGE 5 COODE + CHARLES E HANCOCK + EDWAR

ERN Jr - GEORGE W PEPE - DAVID S SELDON - JAME

OULTRIE - RAN

PACOLBA-1

REES B ROS

+ LEWIS E WOOD + ALFREDO E AVILES + ALDEN

VRD - THOMAS R McDONALD

ULK + TILLMAN D RODGERS

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POT

VIS D ROSS (

IEBROWN Jr + DAVID

TER TIUNDBERG · MICH

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OSEPH L GOLC D MONK · MIC

CLON

There are 3 sets of fathers and sons on the wall. 31 sets of parents lost 2 of their sons. 997 were killed their first day. 1,448 were killed on their last day. 8 women were on the wall, nurses. 244 soldiers were awarded the Medal of Honor during the war and 153 of them are on the wall.

Enrollment applications now available for accelerated program to prepare Veterans for high-demand careers

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5664

<u>Austin Says POW/MIA Agency's Mission Gives Confidence</u> <u>to Service Members in War</u>

https://www.defense.gov/Explore/News/Article/Article/2592416/austin-says-powmia-agencys-missiongives-confidence-to-service-members-in-war/source/GovDelivery/

VA opens new rapid retraining program for thousands of vets who lost jobs due to pandemic

https://www.militarytimes.com/education-transition/2021/05/04/va-opens-new-rapid-retraining-program-for-thousands-of-vets-who-lostjobs-due-to-pandemic/?utm_source=Sailthru&utm_medium=email&utm_campaign=Vets%20%26%20Retirement%2005-04-21&utm_term=Editorial%20-%20M____ilitary%20-%20Retirement



https://content.govdelivery.com/accounts/USVA/bulletins/2d7b85a

I'm Vaccinated. What's Next?

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210222-after-being-vaccinated

Food and Hypertension

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210414-food-and-hypertension

What to Ask Your Cardiologist

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210504-what-to-ask-your-cardiologist

Depression vs. Blues: Know the Difference

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20181219-depression-vs-blues

Are You Protected Against Skin Cancer?

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20170509-are-you-protecting-against-malignant-melanoma

Arthritis: What You Need to Know

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20170307-arthritis

Take a Deep Breath: Asthma Basics

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20180521-asthma-basics

House prepares veterans' legislative package ahead of Memorial Day

https://www.stripes.com/news/us/house-prepares-veterans-legislative-package-ahead-of-memorial-day-1.672285

VA opens new rapid retraining program for thousands of vets who lost jobs due to pandemic

https://www.militarytimes.com/education-transition/2021/05/04/va-opens-new-rapid-retraining-program-for-thousands-of-vets-who-lostjobs-due-to-pandemic/

<u>Guard chief wants free health care for all troops, activated</u> <u>or not</u>

https://www.militarytimes.com/pay-benefits/mil-money/2021/05/04/guard-chief-wants-free-health-care-for-all-troops-activated-ornot/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.05.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Bird%20Birdf

Veteran eligibility and access to VA home loans expanded

https://blogs.va.gov/VAntage/88313/veteran-eligibility-access-va-home-loans-expanded/

<u>Celebrate National Nurses Month with VA and explore a</u> <u>new nursing career</u>

https://blogs.va.gov/VAntage/88250/celebrate-national-nurses-month-va-explore-new-nursing-career/

<u>Pentagon's approach to countering sexual assault: 'All</u> <u>options are on the table'</u>

https://blogs.va.gov/VAntage/88356/pentagons-approach-countering-sexual-assault-options-table/

TELL US ABOUT YOUR



VA provides quality healthcare to our nations Veterans and we are committed to Owning the Moment to make every encounter a positive patient experience! Your feedback is essential in making your VA serve you better. You may receive an email or mail survey from us asking about your experience from one of our two VHA National Surveys:

Survey of Healthcare Experience (SHEP) Veteran Signals (VSIGNALS)

Benefits of surveys:

- Improve quality by communicating to leadership areas of strength and weakness.
- We are able to make things right if we did not meet your expectations.
- Patients who are satisfied with their care have better health outcomes
- Survey responses help to recognize VHA best practices.
- Patient feedback on employees improves morale and recognition opportunities.
- We are able to improve patient-healthcare team communication.

You may receive surveys for your experience in the following areas:

Primary Care	Emergency Medical Care	Specialty Care
Telehealth Care	Community Care	COVID-19
Inpatient	Same Day Service	

Have concerns about an experience? Our VA Providence Healthcare System Patient Advocate Office can help! Walk-in Monday - Friday, 8 a.m. - 4 p.m., My HealtheVet or call 401-457-3093.



U.S. Department of Veterans Affairs Veterans Health Administration Providence Healthcare System

The way we treat Veterans today is the reason they will Choose VA tomorrow.

Warning: Post Office sees rise in COVID vaccination scams targeting veterans

https://www.militarytimes.com/veterans/2021/04/30/warning-post-office-sees-rise-in-covid-vaccination-scams-targetingveterans/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.03.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

<u>Tens of thousands of US vets living overseas left to find</u> <u>COVID vaccine doses on their own</u>

https://www.militarytimes.com/veterans/2021/04/30/tens-of-thousands-of-us-vets-living-overseas-left-to-find-covid-vaccinedoses-on-their-own/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.03.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

<u>He mentored decades of Army Rangers. At 94, he'll receive</u> <u>the Medal of Honor.</u>

https://www.stripes.com/he-mentored-decades-of-army-rangers-at-94-he-ll-receive-the-medal-of-honor-1.671845?utm_medium=email&utm_source=Stars+and+Stripes+Emails&utm_campaign=Daily+Headlines&utm_medium=EMAIL

Medal of Honor Monday: Army Pfc. Sadao Munemori

https://www.defense.gov/Explore/Features/Story/Article/2586993/medal-of-honor-monday-army-pfc-sadaomunemori/source/GovDelivery/

<u>Tester, Sullivan Push VA to Explore Medicinal Cannabis as</u> <u>an Alternative Treatment for Veterans</u>

https://www.veterans.senate.gov/newsroom/majority-news/tester-sullivan-push-va-to-explore-medicinal-cannabis-as-analternative-treatment-for-veterans

<u>Deported Veterans, Stranded Far from Home After Years of</u> <u>Military Service, Press Biden to Bring Them Back</u>

https://www.military.com/daily-news/opinions/2021/03/02/deported-veterans-stranded-far-home-after-years-of-militaryservice-press-biden-bring-them-back.html

Navy Corpsman Is Aspiring Olympic Wrestler

https://www.defense.gov/Explore/Features/Story/Article/2583739/navy-corpsman-is-aspiring-olympicwrestler/source/GovDelivery/

<u>Marine Corps inspector general suspended pending third</u> <u>investigation into AAV accident</u>

https://www.marinecorpstimes.com/news/your-marine-corps/2021/05/03/marine-corps-inspector-general-suspendedfrom-duties-pending-third-aavinvestigation/?utm_source=Sailthru&utm_medium=email&utm_campaign=Breaking%20News%2005-03-21&utm_term=Editorial%20-%20Military%20-%20Breaking%20News VA's 1 Step Today campaign promotes Veteran mental wellness

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5661

<u>Supreme Court justice castigates Feres Doctrine over cadet's</u> <u>rape lawsuit</u>

https://www.militarytimes.com/news/your-military/2021/05/03/supreme-court-justice-castigates-feres-doctrine-over-cadetsrape-lawsuit/

<u>Temporary Financial Assistance Decreased Health Care</u> <u>Costs For Veterans Experiencing Housing Instability</u>

https://www.healthaffairs.org/doi/10.1377/hlthaff.2020.01796

<u>Murphy names first woman to oversee N.J. National Guard,</u> <u>veterans homes after COVID deaths spur big changes</u>

https://www.nj.com/coronavirus/2021/05/murphy-names-first-woman-to-oversee-nj-national-guard-veterans-homes-aftercovid-deaths-spur-big-changes.html

<u>Psychogenic Nonepileptic Seizures Raise Risk for Suicide in</u> <u>Veterans</u>

https://www.neurologyadvisor.com/topics/epilepsy/psychogenic-nonepileptic-seizures-raise-risk-for-suicide-in-veterans/

<u>Light Therapy Helps Veterans Treated for Traumatic Brain</u> <u>Injury</u>

https://neurosciencenews.com/tbi-light-therapy-18331/

Postal Inspectors Warn Veterans of Scams Targeting Them

https://www.chronicle-express.com/story/news/2021/05/03/postalinspectors-warn-veterans-scams-targeting-them/4928601001/

<u>Proposed Law Would Make It Easier for Vets to Get Private-Sector</u> <u>Care on VA's Dime</u>

https://www.military.com/daily-news/2021/05/03/proposed-law-would-make-it-easier-vets-get-private-sector-care-vasdime.html

<u>Texas could use psychedelic mushrooms to treat PTSD in</u> <u>veterans</u>

https://www.military.com/video/texas-could-use-psychedelic-mushrooms-treat-ptsd-veterans

<u>Supreme Court Justice Castigates Feres Doctrine, Court in</u> <u>Military Rape Case</u>

https://www.military.com/daily-news/2021/05/03/supreme-court-justice-castigates-feres-doctrine-court-military-rapecase.html

<u>Trump's VA Secretary Joins Conservative Think Tank The</u> <u>Heritage Foundation</u>

https://www.military.com/daily-news/2021/05/03/trumps-va-secretary-joins-conservative-think-tank-heritagefoundation.html

<u>Pentagon Rejects Permit Request by Veterans Group for</u> <u>Memorial Day Motorcycle Ride</u>

https://www.military.com/daily-news/2021/05/03/pentagon-rejects-permit-request-veterans-group-memorial-daymotorcycle-ride.html

Top General Drops Opposition to Change in Sex Assault Policy

https://www.military.com/daily-news/2021/05/03/top-general-drops-opposition-change-sex-assault-policy.html

<u>New Law Makes Many Active Duty, Vets and Survivors</u> <u>Eligible for Free or Discounted Broadband Internet</u>

https://www.military.com/benefits/2021/04/30/veterans-may-be-eligible-free-or-discounted-broadbandinternet.html?ESRC=army_210504.nl

<u>Chats with the Chief: VA Secretary: "VA's common purpose</u> <u>– The Veterans"</u>

https://blogs.va.gov/VAntage/88337/chats-chief-va-secretary-vas-common-purpose-veterans/

<u>Celebrate National Nurses Month with VA and explore a</u> <u>new nursing career</u>

https://blogs.va.gov/VAntage/88250/celebrate-national-nurses-month-va-explore-new-nursing-career/



Dear Veteran,

GI Bill

The Veteran application for the Veteran Rapid Retraining Assistance Program (VRRAP) is now available on Va.gov.

When we receive a complete application for VRRAP, we will make an eligibility determination, and notify you directly of our decision. If you are found eligible, you may seek training from an approved VRRAP educational institution that includes IT certifications, welding and health care. Participating educational institutions may have their own admissions criteria, we encourage you to contact them directly to find out more.

To learn more about the program and for updates, visit our Facebook page. You may also contact the Education Call Center at 888-442-4551 between 7 a.m. - 6 p.m. Central Time, Monday-Friday to speak with a representative.



US Department of Veterans Affairs Veterans Benefits Administration 1-888-442-4551, TDD: 711

If you know a Veteran who is in crisis, call the Veterans Crisis Line at 1-800-273-8255 and press 1.

How VA patient advocates help Veterans

https://blogs.va.gov/VAntage/88186/va-patient-advocates-help-veterans/

Veteran discounts available year round

https://blogs.va.gov/VAntage/85765/veteran-discounts-available-yearround/#utm_source=VRfeature&utm_medium=email&utm_campaign=VetResources

<u>Veterans Affairs: Use of Additional Funding for COVID-19</u> <u>Relief</u>

<u>https://www.gao.gov/products/gao-21-</u> <u>379?utm_campaign=usgao_email&utm_content=topic_veterans&utm_medium=email&utm_source=govdelivery</u>

Duckworth, Murray Introduce Bill To Help Wounded Veterans Start A Family

https://vetlikeme.org/duckworth-murray-introduce-bill-to-help-wounded-veterans-start-afamily/?utm_source=rss&utm_medium=rss&utm_campaign=duckworth-murray-introduce-bill-to-help-woundedveterans-start-a-family

Advocacy Group Launches New Leadership Development <u>Program for Military Spouses</u>

https://www.military.com/daily-news/2021/05/04/advocacy-group-launches-new-leadership-developmentprogram-military-spouses.html

Dear Military Spouse: Here's Why We Appreciate You

https://vetlikeme.org/dear-military-spouse-heres-why-we-appreciate-you/

<u>The VA Is Testing an Implant That Could Allow Paralyzed</u> <u>Veterans to Walk Again</u>

https://www.military.com/daily-news/2021/04/25/va-testing-implant-could-allow-paralyzed-veterans-walkagain.html?ESRC=mr_210503.nl

<u>He went from NYC to Vietnam to deliver beer during a war</u> <u>— now his story is coming to the big screen</u>

https://www.militarytimes.com/off-duty/military-culture/2021/05/04/he-went-from-nyc-to-vietnam-todeliver-beer-during-a-war-now-his-story-is-coming-to-the-big-screen/

A Veterans Affairs system to quicken access to health care by sending military veterans to private doctors is showing backlogs and strains in Atlanta.

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<u>Looking for Medicare Savings Programs? Learn about</u> <u>Eligibility Requirements</u>

https://www.benefits.gov/news/article/424?utm_source=enewsletter&utm_medium=email&utm_campaign=Editors%20Picks%20Selecti on%20Issue

H.R. 1257, Homeless Veterans Credit Repair, Enhancement, and Debt Improvement for Tomorrow Act

https://www.cbo.gov/publication/57220?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-14_16:30&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-14_16:30

VA to re-adjudicate some Veteran and survivor claims

https://blogs.va.gov/VAntage/88709/va-re-adjudicate-veteran-survivor-claims/

<u>Morris County & Dover Dedicate Bridge in Honor of the</u> <u>Late John Lewis</u>

https://www.morriscountynj.gov/Morris-County-News/Morris-County-Dover-Dedicate-Bridge-in-Honor-of-the-Late-John-Robert-Lewis

VA to readjudicate Veteran and survivor claims for possible herbicide exposure

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5672

Program offers free financial education to Veterans

https://blogs.va.gov/VAntage/88663/program-offers-recurring-financial-education-veterans/

Updated CDC Mask Guidance

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html

<u>Can Veterans Affairs officials spot another serial killer</u> <u>hiding in their midst?</u>

https://www.militarytimes.com/veterans/2021/05/13/can-veterans-affairs-officials-spot-another-serial-killer-hiding-in-their-midst/

Expanding comprehensive assistance for family caregivers

https://blogs.va.gov/VAntage/88481/expanding-comprehensive-assistance-family-caregivers/

Nine ways Veterans are using telehealth right now

https://blogs.va.gov/VAntage/88520/nine-ways-veterans-using-telehealth-right-now/

Ten Ideas to Get Started from Veterans like you

https://www.maketheconnection.net/mhm?utm_source=govdelivery&utm_medium=email&utm_campaign=may_monthly__5.13&utm_t erm=cta_10_ideas&utm_content=mhm21

Transform delivery of VA benefits as Under Secretary for Benefits

https://blogs.va.gov/VAntage/88831/transform-delivery-va-benefits-secretary-benefits/

Hines VA's helmet getting results against COVID

https://blogs.va.gov/VAntage/88248/hines-vas-helmet-getting-results-covid/

Priority Open Recommendations: Department of Veterans Affairs

<u>https://www.gao.gov/products/gao-21-</u> 469pr?utm_campaign=usgao_email&utm_content=topic_veterans&utm_medium=email&utm_source=govdelivery

VA OIG April 2021 Highlights

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d9989d

<u>Study finds few racial differences in community activity for</u> <u>Veterans with TBI</u>

https://www.research.va.gov/currents/0421-Understanding-disparities-community-participation-tbi.cfm

Study sheds light on interplay among PTSD, combat experience, alcohol use

 $\underline{https://www.research.va.gov/currents/0421-Study-sheds-light-on-interplay-among-PTSD-combat-experience-alcohol-use.cfm}{} \\$

VA genetics program aims to increase mental health treatments for Veteran

https://www.research.va.gov/currents/0421-VA-genetics-program-aims-to-increase-mental-health-treatments-for-Veterans.cfm

VA telehealth clinic focused on cognitive issues helps Veterans in rural areas

https://www.research.va.gov/currents/0421-VA-telehealth-clinic-focused-on-cognitive-issues-helps-Veterans-in-rural-areas.cfm

Using genetics, researchers identify potential drugs for early treatment of COVID-19

https://www.research.va.gov/currents/0421-Using-genetics-researchers-identify-potential-drugs-for-early-treatment-of-COVID-19.cfm

New Brain Proteins Suspected of Causing Depression

https://www.research.va.gov/currents/0421-New-Brain-Proteins-Suspected-of-Causing-Depression.cfm

H.R. 2911: VA Transparency & Trust Act of 2021

https://www.govtrack.us/congress/bills/117/hr2911?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_ medium=email

H.R. 2704: Improving VA Accountability To Prevent Sexual Harassment and Discrimination Act of 2021

https://www.govtrack.us/congress/bills/117/hr2704/text?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update& utm_medium=email

<u>Soldiers who perished in 1962 on secret ission mto Vietnam</u> <u>are memorialized</u>

https://www.armytimes.com/news/pentagon-congress/2021/05/16/soldiers-who-perished-in-1962-on-secret-mission-to-vietnam-arememorialized/

<u>Pentagon Needs Better Data on Domestic Abuse in the</u> <u>Military Community, Audit Finds</u>

 $\underline{https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military.com/daily-news/2021/05/17/pentagon-needs-better-data-domestic-abuse-military-community-audit-finds.html}{\label{eq:https://www.military-community-audit-finds-html}{\label{eq:html}eq}}$

<u>Not So Fast, Vets: Mask Mandate Still in Place at VA</u> <u>Hospitals</u>

https://www.military.com/daily-news/2021/05/17/not-so-fast-vets-mask-mandate-still-place-vahospitals.html?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.18.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

H.R. 2545, a bill to amend title 38, United States Code, to clarify the role of doctors of podiatric medicine in the Department of Veterans Affairs, and for other purposes

https://www.cbo.gov/publication/57231?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-18_16:30:00

H.R. 2726, VA FOIA Reform Act of 2021

https://www.cbo.gov/publication/57225?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-18_11:30&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-18_11:30

How a Green Beret captain sold out his own teammates to Russia

https://taskandpurpose.com/news/us-army-special-forces-peter-debbins/



U.S. Department of Veterans Affairs Center for Minority Veterans



https://content.govdelivery.com/accounts/USVA/bulletins/2d9ef7d

Refill or Renew? Getting VA Prescriptions

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210518-refill-or-renew-va-prescriptions

Connecting Mobile Health Data Across Systems

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210518-connecting-mobile-health-data

Your COVID-19 Vaccine Records Online

https://www.myhealth.va.gov/mhv-portal-web/web/myhealthevet/ss20210112-covid19-vaccine-records-online

Senators urge VA to improve training for PTSD claims

https://www.stripes.com/senators-urge-va-to-improve-training-for-ptsd-claims-1.673811?utm_medium=EMAIL

<u>Vietnam War hero who killed sniper and silenced</u> <u>machine gun to save wounded buddies dies at 74</u>

https://www.stripes.com/news/veterans/vietnam-war-hero-who-killed-sniper-and-silenced-machine-gun-to-save-wounded-buddies-dies-at-74-1.674000?utm_medium=EMAIL

<u>Senator Demands Update on Upgrading 'Bad Paper</u> <u>Discharges' for Vets with PTSD, TBI</u>

https://www.military.com/daily-news/2021/05/20/senator-demands-update-upgrading-bad-paper-discharges-vets-ptsd-tbi.html

<u>COVID-19 Pandemic: VA Provides Health Care Assistance</u> <u>to Civilians as Part of the Federal Response</u>

https://www.gao.gov/products/gao-21-395?utm_campaign=usgao_email&utm_content=topic_veterans&utm_medium=email&utm_source=govdelivery

<u>'Hard to put into words': Phillies surprise Vietnam vet</u> with first-pitch opportunity

https://www.audacy.com/connectingvets/news/phillies-surprise-vietnam-vet-with-first-pitch-opportunity?utm_medium=EMAIL

H.R. 2911: VA Transparency & Trust Act of 2021

https://www.govtrack.us/congress/bills/117/hr2911/text?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&u <u>tm_medium=email</u>

H.R. 707: Ghost Army Congressional Gold Medal Act

https://www.govtrack.us/congress/bills/117/hr707/text?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_source

H.R. 2494: To amend title 38, United States Code, to establish in the Department the Veterans Economic Opportunity and Transition Administration, and for other purposes.

https://www.govtrack.us/congress/bills/117/hr2494/text?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&u tm_medium=email

H.R. 2167: GI Bill National Emergency Extended Deadline Act

https://www.govtrack.us/congress/bills/117/hr2167/text?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&u tm_medium=email

May 18, 2021 — Bill Text



H.R. 240: Homeless Veterans with Children Reintegration Act This bill's text for status *Passed the House* (May 18, 2021) is now available Trackers: <u>Armed Forces and National Security</u>.

May 18, 2021 — Bill Text



INT NUMBERS H.R. 707

IN THE SENATE OF THE UNITED STATES

АСТ

H.R. 711: West Los Angeles VA Campus Improvement Act of 2021 This bill's text for status *Passed the House* (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text

May 18, 2021 — Bill Text

H.R. 707: Ghost Army Congressional Gold Medal Act

This bill's text for status Passed the House (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.



H.R. 1510: To direct the Secretary of Veterans Affairs to submit to Cong cameras in medical facilities of the Department of Veterans Affairs.

This bill's text for status *Passed the House* (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text



H.R. 2167: GI Bill National Emergency Extended Deadline Act

This bill's text for status *Passed the House* (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text

H.R. 2441: Sgt. Ketchum Rural Veterans Mental Health Act of 2021

This bill's text for status Passed the House (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text

H.R. 2494: To amend title 38, United States Code, to establish in the Department the Ve Opportunity and Transition Administration, and for other purposes.

This bill's text for status Passed the House (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text



H.R. 2704: Improving VA Accountability To Prevent Sexual Harassment and Discrimination This bill's text for status Passed the House (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.

May 18, 2021 — Bill Text



H.R. 2788: VA Equal Employment Opportunity Counselor Modernization Act

This bill's text for status *Passed the House* (May 18, 2021) is now available.

Trackers: Armed Forces and National Security.





VA Education Service

Dear School Certifying Official,

As of today, May 21, 2021, the Department of Veteran Affairs (VA) is pleased to announce that the application period for the new Lump Sum Payment Program (LSPP) is now open to eligible Education and Training Institutions (ETIs) participating in the GI Bill® Work Study Allowance Program. Those wishing to apply may do so until June 18, 2021.

The Ryan Kules and Paul Benne Specially Adaptive Housing Improvement Act of 2019

(Public Law 116-154) authorizes the Department of Veterans Affairs (VA) to administer the Lump Sum Payment Program (LSPP) for eligible Education and Training Institutions (ETIs) participating in the GI Bill® Work Study Allowance Program.

Through the LSPP, eligible ETIs may apply to become a 154 Administrating Facility (154AF), which allows them to receive an annual lump sum payment from VA. The lump sum payment will be used to pay eligible work study students who are receiving GI Bill benefits at the ETI.

What do you need to do?

ETIs that would like to participate in the LSPP must apply during the month of May and must re-apply each new academic year. The first eligible participation year is August 1, 2021, to July 31, 2022.

If your ETI does not plan to apply for consideration to participate, there is nothing for you to do. ETIs wishing to participate in future years must apply during the LSPP open season, typically in May.

How to apply

ETIs seeking consideration to participate, must submit a completed <u>VA Lump Sum Work</u> <u>Study Participation Agreement - PL 116-154</u> to VA no later than June 18, 2021.

Year 1 application process and timeline: 2021-2022 Academic Year (AY 21)

ETIs seeking to participate in the 2021-2022 academic year must submit a completed application no later than June 18, 2021. The VA Work Study Team (WST) will review the applications and render an approval decision by July 1, 2021. If approved, the ETI will receive the approved amount prior to August 1, 2021.

Participating ETI responsibilities and training

In addition to the required application process, ETIs are encouraged to complete the optional training:

- LSPP Training Video
- LSPP Presentation Slides

The training covers a variety of topics, including the responsibilities of participating in the VA Work Study program, the application process, and important dates to remember.

Next steps

If you are a School Certifying Official (SCO) or Work Study Site Supervisor, or you are interested in becoming an approved Work Study work site, you may contact the Work Study team through the GI Bill Ask a Question site:

<u>https://gibill.custhelp.va.gov/app/utils/login_form/redirect/ask</u>, or by calling the Site Supervisor Hotline at 1-855-225-1159, option #2. Please be sure to select Work Study from the category drop down menu when using the Ask a Question site. If you have any questions regarding enrollment certifications, please contact the Education

Call Center at: 1-888-442-4551 between 8 a.m. and 7 p.m. ET, Monday-Friday or contact

your Education Liaison Representative (ELR).

Respectfully,

Education Service

US Department of Veterans Affairs Veterans Benefits Administration 1800 G Street NW, Washington, DC 20006

Contact Us Visit us on the web at <u>https://gibill.custhelp.va.gov/</u> Call us at 1-888-442-4551 TDD: 711

Follow us on Social Media Facebook: <u>https://www.facebook.com/gibilleducation</u> Twitter: <u>https://twitter.com/VAVetBenefits</u>

If you know a Veteran who is in crisis, call the Veterans Crisis Line at 1-800-273-8255 and press 1.

Ending gender-based harassment at VA facilities

https://blogs.va.gov/VAntage/88728/ending-gender-based-harassment-va-facilities/

Vets Increasingly Seeking Mental-Health Services

https://www.fedweek.com/armed-forces-news/vets-increasingly-seeking-mental-health/

"Family Caregiver Support"

https://www.youtube.com/watch?v=h8z1t2a2mCc

VHA: VSO's and VA - Take the shot.

https://www.youtube.com/watch?v=2MyyKxBVxjs

Older Veterans Can Go to College for Free or Cheap in All 50 States

https://www.military.com/education/money-school/older-veterans-can-go-college-free-or-cheap-all-50-states.html?ESRC=mr 210524.nl

Veterans Justice Outreach Program offers hope and connectivity to justice-involved Veterans

https://blogs.va.gov/VAntage/88991/veterans-justice-outreach-program-offers-hope-connectivity-justice-involved-veterans/

Mental health matters, now more than ever

https://blogs.va.gov/VAntage/88988/mental-health-matters-now-ever/

VA to hold "2021 Minority Summit" June 9

https://blogs.va.gov/VAntage/89070/va-hold-2021-minority-summit-june-9/

"No wonder we are losing so many vets to suicide.

https://mailchi.mp/thewarhorse/appeal-7015g000000jecbqao-1546630?e=30bd3f4c62



Center for Minority Veterans



https://content.govdelivery.com/accounts/USVA/bulletins/2df024c

H.R. 293, VA Hospitals Establishing Leadership Performance Act

https://www.cbo.gov/publication/57246?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Exp_ ress 2021-05-25 17:30:00&utm medium=FeedBlitzEmail&utm content=812526&utm campaign=Express 2021-05-25 17:30:00

H.R. 239, Equal Access to Contraception for Veterans Act

https://www.cbo.gov/publication/57249?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Exp ress 2021-05-25 17:30:00&utm medium=FeedBlitzEmail&utm content=812526&utm campaign=Express 2021-05-25 17:30:00

VA expands COVID-19 vaccinations to adolescents under SAVE LIVES Act

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5674

H.R. 234, Korean American Vietnam Allies Long Overdue for Relief Act

https://www.cbo.gov/publication/57248?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Exp ress_2021-05-26_11:30&utm_medium=FeedBlitzEmail&utm_content=812526&utm_campaign=Express_2021-05-26_11:30

Advocates Fear a Huge Surge of Homeless Veterans as Pandemic Effects Become Clear

https://www.military.com/daily-news/2021/05/25/advocates-fear-huge-surge-of-homeless-veterans-pandemic-effects-becomeclear.html?utm_medium=EMAIL

DAV volunteers clean, highlight American Veterans Disabled for Life Memorial

https://www.military.com/video/all-female-82nd-airborne-team-jumps-out-of-woman-crewed-air-force-cargoplane?fbclid=lwAR3l83tsi42tTg7YHxisa4PJICJjBG4c6M2k-Ctjj6AqcFT4ikdhO3iMTml&utm_source=Newsletter+Email&utm_campaign=f7ee194fc8-EMAIL_CAMPAIGN_2020_01_07_02_36_COPY_01&utm_medium=email&utm_term=0_9a9d4becaa-f7ee194fc8-200978638&mc_cid=f7ee194fc8&mc_eid=30bd3f4c62

iBOT® PMD Donation

https://www.newjersey.va.gov/NEWJERSEY/features/iBOT_PMD_Donation.asp

Judge: Vietnam Veteran Charged with Bringing Guns to DC Had Militia Ties

https://www.military.com/daily-news/2021/05/26/judge-vietnam-veteran-charged-bringing-guns-dc-had-militia-ties.html

<u>A Flying Car Could Be the Air Force's Next Medevac</u> <u>Transport</u>

https://www.military.com/daily-news/2021/05/26/flying-car-could-be-air-forces-next-medevac-transport.html

This Is How the Poppy Became a Symbol for Fallen Troops

https://www.military.com/history/2021/05/26/how-poppy-became-symbol-fallen-troops.html

IG Says VA Underestimated Health Records Project Costs by Up to \$2.6B

https://www.nextgov.com/cio-briefing/2021/05/ig-says-va-underestimated-health-records-project-costs-26b/174324/

H.R. 234, Korean American Vietnam Allies Long Overdue for Relief Act

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H.R. 2419, Affordable Housing for Homeless Veterans Act of 2021

https://www.cbo.gov/publication/57247?utm_source=feedblitz&utm_medium=FeedBlitzEmail&utm_content=855024&utm_campaign=Once e%20a%20day_2021-05-27_01:30:00&utm_medium=FeedBlitzEmail&utm_content=855024&utm_campaign=Once%20a%20day_2021-05-27_01:30:00

Department of Veterans Affairs Pharmacy Tech Arrested for Stealing Prescription Medication

https://www.youtube.com/watch?v=5HFJy7IpSOQ

<u>5 Legendary US Military Firearms Were Designed by the</u> <u>Same Person</u>

https://www.military.com/history/5-legendary-us-military-firearms-were-designed-same-person.html?ESRC=atease.nl&spMailingID=6948630&spUserID=MTI5MTUxNjE2MDUwS0&spJobID=1260853877&spReportId=MTI2MDg1Mzg3NwS2

<u>Veteran health care wait-time data lacks reliability and</u> <u>accuracy, feds say</u>

https://www.wfla.com/8-on-your-side/veteran-health-care-wait-time-data-lacks-reliability-and-accuracy-fedssay/?utm_source=NEWSLETTER&utm_medium=EMAIL

<u>House bill would fast track VA benefits to veterans suffering</u> <u>from 23 respiratory illnesses, cancers</u>

https://www.stripes.com/Veterans/2021-05-26/HOUSE-TOXIC-1587398.html?utm_source=NEWSLETTER&utm_medium=EMAIL

S. 894: Hire Veteran Health Heroes Act of 2021

https://www.govtrack.us/congress/bills/117/s894?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_me dium=email_

S. 1031: A bill to require the Comptroller General of the United States to conduct a study on disparities associated with race and ethnicity with respect to certain benefits administered by the Secretary of Veterans Affairs, and for other purposes.

https://www.govtrack.us/congress/bills/117/s1031?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_m edium=email_

S. 89: Ensuring Survivor Benefits During COVID–19 Act of 2021

https://www.govtrack.us/congress/bills/117/s89?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_medi um=email

S. 894: Hire Veteran Health Heroes Act of 2021

https://www.govtrack.us/congress/bills/117/s894?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_me dium=email_

<u>S. 1095: Colonel John M. McHugh Tuition Fairness for</u> <u>Survivors Act of 2021</u>

https://www.govtrack.us/congress/bills/117/s1095?utm_campaign=govtrack_email_update&utm_source=govtrack/email_update&utm_m edium=email

<u>This real-life Air Force superhero saved 28 people from an</u> <u>active shooter in Arizona</u>

https://taskandpurpose.com/news/air-force-tech-sgt-michael-walker-glendale-shooter/

Department of Veterans Affairs oversight body highlights <u>\$2.6B IT overspend</u>

https://www.fedscoop.com/va-underestimated-cost-of-ehr-program-by-several-billions/

The Fuentes brothers: COVID-19 vaccine

https://www.youtube.com/watch?v=DFiGusZBRuU

<u>'At What Point Does VA Become Adequately Funded?'</u> <u>Republicans Question Record Budget Request</u>

https://www.military.com/daily-news/2021/05/27/what-point-does-va-become-adequately-funded-republicans-question-record-budgetrequest.html?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.28.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

<u>'A national outrage': Lawmakers seek solutions to food</u> <u>insecurity in military, veteran families</u>

https://www.militarytimes.com/pay-benefits/2021/05/27/a-national-outrage-lawmakers-seek-solutions-to-food-insecurity-in-military-veteranfamilies/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.28.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

VA budget plan includes new office focused on preventing harassment, promoting diversity

https://www.militarytimes.com/veterans/2021/05/28/va-budget-plan-includes-new-office-focused-on-preventing-harassmentpromoting-diversity/

<u>'Absolutely speechless': 9/11 charity buys</u> home for local veteran injured in Afghanistan

https://www.njherald.com/story/news/2021/05/28/memorial-day-2021-hurt-afghanistan-veteran-gets-new-homehampton/7487516002/?a=a&utm_source=njherald-

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WOMAN'S VETERANS CORNER



"How important it is for us to recognize and celebrate our heroes and she-roes.". -мач амдено

<u>Army Disciplines 13 Leaders, Confirms Murdered Soldier</u> <u>Vanessa Guillen Was Sexually Harassed</u>

https://www.military.com/daily-news/2021/04/30/army-disciplines-13-leaders-confirms-murderedsoldier-vanessa-guillen-was-sexually-harassed.html

<u>Spc. Vanessa Guillen's Harasser Was a Known Toxic Leader,</u> <u>Army Report Shows</u>

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<u>A stunning 21 Army leaders will be disciplined over Vanessa</u> Guillén's disappearance and death

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<u>New Fort Hood Report May Help Change Sexual Assault</u> Prosecutions

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<u>The Army Infantry Doesn't Just Need More Women. It</u> <u>Needs More Qualified Women</u>

https://www.military.com/daily-news/opinions/2021/03/29/army-infantry-doesnt-just-need-more-women-it-needs-moregualified-women.html

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<u>A stunning 21 Army leaders will be disciplined over Vanessa</u> <u>Guillén's disappearance and death</u>

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<u>New Fort Hood Report May Help Change Sexual Assault</u> <u>Prosecutions</u>

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Army Brass Noncommittal on Push to Remove COs from Sexual Assault Prosecution Decisions

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<u>Tiny uptick in 2020 military sex assault reports,</u> <u>officials say</u>

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<u>Women recount claims of sexual harassment by veterans</u> <u>charity leader, a former Green Beret</u>

https://www.militarytimes.com/veterans/2021/05/15/women-recount-claims-of-sexual-harassment-by-veterans-charity-leader-a-formergreen-beret/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.17.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

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https://www.military.com/daily-news/2021/05/17/more-female-soldiers-are-passing-acft-their-scores-still-trail-mens.html

⁶<u>Stop the social experiment' — New survey spotlights bias</u> <u>against women in Army special ops</u>

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ICYMI: AMVETS and VA Facebook Live on the Million Veteran Program and future of medicine

https://blogs.va.gov/VAntage/88845/icymi-amvets-va-facebook-live-million-veteran-program-future-medicine/

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Ending gender-based harassment at VA facilities

https://blogs.va.gov/VAntage/88728/ending-gender-based-harassment-va-facilities/

ICYMI: Facebook Live chat on housing stability and security for women Veterans

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<u>'I am Vanessa Guillén Act' Praised as Calls for Removing</u> <u>COs from Sexual Assault Prosecutions Mount</u>

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Women Veterans, work and a post-COVID world

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<u>Kirsten Gillibrand and Joni Ernst Can Pass Their Military</u> <u>Sexual Assault Bill — They Just Need a Senate Vote</u>

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This bill proposes giving veterans a year of birth control at once

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CLAIMS CORNER

VA Wants to Reduce my Disability Rating

https://www.youtube.com/watch?v=BvRo0dVdO_I

When Should I Fire My Veteran Services Officer?

https://www.youtube.com/watch?v=UlyA2LrVe5o

VA Disability for Anxiety | Everything You Need to Know!

https://www.youtube.com/watch?v=ILc_aaLWS6w

How to Get Sleep Apnea VA Disability Benefits

https://www.youtube.com/watch?v=I3PfgI40mYM

<u>Compensation and Pension Exams: Stop When It Hurts And</u> <u>Tell The Truth</u>

https://www.youtube.com/watch?v=vhb5V82zX64

When Should I Fire My Veteran Services Officer?

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VA Benefits for Spouses of Disabled Veterans

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VA Deferred My Rating Decision? (H&P Quick Hits)

https://www.youtube.com/watch?v=qK0op3xr2hE

VA Claim Denied, Now What?

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VA grows locations for C&P contract exams for Veterans and service members

https://blogs.va.gov/VAntage/83107/va-grows-locations-cp-contract-exams-veterans-service-members/

VA Disability Questions Answered By VA-Accredited Attorneys

https://www.youtube.com/watch?v=OQkc-JFJ7Fo

When can the VA take away my disability?

https://www.youtube.com/watch?v=KOItjX mtCo

VA PTSD Claims: What Every Veteran Needs to Know

https://www.youtube.com/watch?v=uU1SxSCm4sU

100 P&T VA Disability Rating: When Is It Truly Protected?

https://www.youtube.com/watch?v=w29LLXybuP0

Top 5 Easiest VA Disability Claims to get Approved In 2021

https://www.youtube.com/watch?v=Phcfwo0tWAM

<u>We Answer VA Disability Questions (VA-</u> <u>Accredited Lawyer</u>

https://www.youtube.com/watch?v=7w5_4NDeOt0

VA Disability Questions Answered By VA-Accredited Attorneys

https://www.youtube.com/watch?v=OQkc-JFJ7Fo

VA Disability Exams: Actions Needed to Improve Program Management

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Do VA Raters Even Follow Their Own Laws?

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How to access your health records through third party applications

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VA to re-adjudicate some Veteran and survivor claims

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VA to readjudicate Veteran and survivor claims for possible herbicide exposure

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What Causes Plantar Fasciitis?

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<u>Congress Orders The Department Of</u> <u>Veterans Affairs To Clean Up Its Act</u>

https://www.youtube.com/watch?v=1xGP9hJZHUU

Veterans Are At Risk Of Not Receiving The Benefits They Deserve!

https://www.youtube.com/watch?v=DcTM0HXwdGs

The (Toxic) Truth Hurts and It's Only the Beginning Fort McClellan

https://va-law.hillandponton.com/ft-mcclellan-video-history/

<u>Two Easy Ways To Win A 10% Tinnitus</u> <u>VA Rating</u>

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Do Commercial Use of Herbicides Affect Veterans Differently than Tactical Herbicides?

https://va-law.hillandponton.com/ft-mcclellan-video-diseases/?utm_source=pardot&utm_medium=email&utm_campaign=ftmcclellan The secrets we found that could help you improve your VA benefits claim are exposed in a new video series!

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Putting It All Together: Filing A Successful Fort McClellan Claim

https://va-law.hillandponton.com/ft-mcclellan-video-filing-

claim/?utm_source=pardot&utm_medium=email&utm_campaign=ft-mcclellan

[5/26/21] VA-Accredited Lawyer Answers VA Disability Questions

https://www.youtube.com/watch?v=dlybRrx6fjk

TOP 7 Best Ways To Get A 100 VA Disability Rating!

https://www.youtube.com/watch?v=giLlwHOuVvA

VA plans expansion of benefits for disability claims for conditions related to certain toxic exposures

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VA to start processing Vietnam vets' claims for conditions newly linked to Agent Orange poisoning

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<u>Amid pressure, VA eyes speeding benefits for burn pit</u> <u>exposure illnesses</u>

https://www.militarytimes.com/veterans/2021/05/27/amid-pressure-va-eyes-speeding-benefitsfor-burn-pit-exposure-illnesses/

"Fully Developed Claims Decided in 90 Days or Less

https://www.youtube.com/watch?v=nVc7-VBe2ac

<u>VA Announces Major Changes To</u> <u>Presumptive Conditions - Agent Orange and</u> <u>Particulate Matter Exposure</u>

https://www.youtube.com/watch?v=sOdymv4wCJk

Don't Fall for This VA Trick! | PTSD C&P <u>Exam</u>

https://www.youtube.com/watch?v=BvdgxxZEGGE

70%, 80% and 90% VA Benefits and Advantages!!! Over 25 Must Know Benefits!!!

https://www.youtube.com/watch?v=xMcxE0sBsxQ

How to Get Sleep Apnea VA Disability Benefits

https://www.youtube.com/watch?v=I3PfgI40mYM

VA Announces Major Changes To Presumptive Conditions - Agent Orange and Particulate Matter Exposure

https://www.youtube.com/watch?v=sOdymv4wCJk

<u>VA Disability for Anxiety | Everything You Need to</u> <u>Know!</u>

https://www.youtube.com/watch?v=ILc_aaLWS6w

MILITARY EXPOSURE

Mammoth Toxic Exposure Push Could Be Biggest Congressional Health Care Effort in Years

https://www.military.com/daily-news/2021/05/05/mammoth-toxic-exposure-push-could-be-biggestcongressional-health-care-effort-years.html

VA asks for delay in House committee's call for toxic exposure legislation

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US Navy Veterans Mesothelioma Advocate Urges a Navy Veteran with Mesothelioma Who Also Had Post Navy Asbestos Exposure to Call Attorney Erik Karst of Karst von Oiste-Compensation Might be in the Millions of Dollars

https://www.prnewswire.com/news-releases/us-navy-veterans-mesothelioma-advocate-urges-a-navy-veteran-with-mesothelioma-who-alsohad-post-navy-asbestos-exposure-to-call-attorney-erik-karst-of-karst-von-oiste-compensation-might-be-in-the-millions-of-dollars-<u>301286456.html</u>

Radiation Exposure and Liver Flukes: Little-Known Veterans' Issues Get Attention in Congress

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Are you a Veteran? Questions or concerns about Gulf War Exposures?

Gulf War Exposures & Health

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VA Disability Exams: Actions Needed to Improve Program Management

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US Navy Veterans Mesothelioma Advocate Urges a Navy Veteran with <u>Mesothelioma to Please Call Attorney Erik Karst of Karst von Oiste to</u> <u>Discuss Compensation that Might Exceed a Million Dollars If They May Have</u> <u>Spent Time in a Shipyard</u>

https://www.prnewswire.com/news-releases/us-navy-veterans-mesothelioma-advocate-urges-a-navy-veteran-with-mesothelioma-to-pleasecall-attorney-erik-karst-of-karst-von-oiste-to-discuss-compensation-that-might-exceed-a-million-dollars-if-they-may-have-spent-time-in-ashipy-301291562.html

Benefits for burn pit illnesses, hypertension from Agent Orange would be granted under new plan

https://www.militarytimes.com/veterans/2021/05/14/benefits-for-burn-pit-illnesses-hypertension-from-agent-orange-would-be-grantedunder-new-plan/

The Government Knew All Along

Are You One of the Veterans Exposed to Harmful Chemicals at Fort McClellan?

https://va-law.hillandponton.com/ft-mcclellan-video-series-intro-1/

The (Toxic) Truth Hurts and It's Only the Beginning Fort McClellan

https://va-law.hillandponton.com/ft-mcclellan-video-history/

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claim/?utm source=pardot&utm medium=email&utm campaign=ft-mcclellan

The Government Can't 'Detox' the Evidence

If you're seeing this, you're just in time. On our upcoming episode, we are about to unleash the insidious reality of the Toxic Chemicals used at Fort McClellan. We reveal the nature of the documents we found, the research we conducted, and expert opinions we requested.

You ask any vet stationed at Fort McClellan about their unexplained diseases and they'll tell you about mustard gas, maybe radiation, or toxic exposure from the nearby Monsanto plant, etc. but the truth is a more familiar danger.

https://va-law.hillandponton.com/ft-mcclellan-videotoxins/?utm_source=pardot&utm_medium=email&utm_campaign=ft-mcclellan

Nearly All" VA Claims for Gulf War Illness "Improperly Denied"

https://thewarhorse.org/nearly-all-gulf-war-illness-veterans-affairs-claims-improperlydenied/?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.24.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

<u>Tester announces new bill aimed at expanding coverage for</u> <u>veterans exposed to toxic hazards</u>

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VA plans expansion of benefits for disability claims for conditions related to certain toxic exposures

https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5675

VA to start processing Vietnam vets' claims for conditions newly linked to Agent Orange poisoning

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U.S. Department of Veterans Affairs



FOR IMMEDIATE RELEASE

May 27, 2021

VA plans expansion of benefits for disability claims for conditions related to certain toxic exposures

New evaluation process to be applied in identifying future presumptive conditions

WASHINGTON — The Department of Veterans Affairs (VA) announced today two major decisions related to presumptive conditions associated with Agent Orange and particulate matter exposures during military service in Southwest Asia.

Agent Orange

VA will begin implementing provisions of the William M. Thornberry National Defense Authorization Act for Fiscal Year 2021 (Public Law 116-283), adding three conditions to the list of those presumptively associated with exposure to herbicide agents, more commonly known as Agent Orange. Those conditions are bladder cancer, hypothyroidism, and Parkinsonism.

"Many of our Nation's Veterans have waited a long time for these benefits," said **Secretary of Veterans Affairs Denis McDonough.** "VA will not make them wait any longer. This is absolutely the right thing to do for Veterans and their families."

VA will apply the provisions of court orders related to *Nehmer v. U.S. Department of Veterans Affairs,* which may result in an earlier date for entitlement to benefits for Veterans who served in the Republic of Vietnam during the Vietnam War. Vietnam War era Veterans and their survivors, who previously filed and were denied benefits for one of these three new presumptive conditions, will have their cases automatically reviewed without the need to refile a claim. VA will send letters to impacted Veterans and survivors.

Particulate Matter Exposures

The Secretary recently concluded the first iteration of a newly formed internal VA process to review scientific evidence to support rulemaking, resulting in the recommendation to consider creation of new presumptions of service connection for respiratory conditions based on VA's evaluation of a National Academies of Science, Engineering, and Medicine report and other evidence. VA's review supports initiation of rulemaking to address the role that particulate matter pollution plays in generating

chronic respiratory conditions, which may include asthma, rhinitis, and sinusitis, for Veterans who served in the Southwest Asia theater of operations during the Persian Gulf War and/or after September 19, 2001, or in Afghanistan and Uzbekistan during the Persian Gulf War.

"VA is establishing a holistic approach to determining toxic exposure presumption going forward. We are moving out smartly in initiating action to consider these and other potential new presumptions, grounded in science and in keeping with my authority as Secretary of VA," **said Secretary McDonough.**

VA is initiating rulemaking to consider adding respiratory conditions, which may include asthma, sinusitis, and rhinitis, to the list of chronic disabilities, based on an association with military service in Southwest Asia, Afghanistan and Uzbekistan during the covered periods of conflict. VA will conduct broad outreach efforts to reach impacted Veterans and encourages them to participate in the rulemaking process.

For more information, visit our website at <u>Airborne Hazards and Burn Pit Exposures - Public</u> <u>Health (va.gov)</u>.

If you have questions contact <u>Susan.Carter2@va.gov</u>, <u>Randal.Noller@va.gov</u> and <u>Tatjana.Christian@va.gov</u>.

Blue Water Navy - Nehmer

The Department of Veterans Affairs (VA) announced it will readjudicate claims for Veterans who served in the offshore waters of the Republic of Vietnam during the Vietnam War.

This review is part of the Veterans Benefits Administration's implementation of the November 5, 2020, U.S. District Court of the Northern District of California decision to readjudicate previously denied claims as applied in Nehmer vs. U.S. Department of Veterans Affairs.

Veterans who were previously denied service connection for an herbicide related presumptive condition due to lack of in-country Vietnam service will automatically have their claims readjudicated.

Readjudication means VA will review the evidence of record and provide replacement decisions in the cases of Veterans who were previously denied service connection for one or more herbicide related conditions on the basis that military service was not performed on the landmass of the Republic of Vietnam or on its inland waterways. This review will also apply to eligible survivors of deceased Vietnam era Veterans.VA is dedicated to ensuring all Veterans receive the benefits they have earned. VA ensures that we have the proper resources in place to meet the needs of the Veteran community. Eligible survivors of deceased Veterans may also benefit from the policy and may be eligible for benefits based on the Veterans' service.

Veterans who have a condition caused by herbicide exposure during military service can learn more about Agent Orange exposure at this <u>website</u>.

<u>Trump's VA Secretary missed chance to save</u> <u>sick veterans, critics say</u>

https://www.washingtonexaminer.com/policy/defense-national-security/trumps-va-secretary-missed-chance-to-save-sick-veterans-criticssay?utm_source=Sailthru&utm_medium=email&utm_campaign=EBB%2005.10.21&utm_term=Editorial%20-%20Military%20-%20Early%20Bird%20Brief

Former Trump administration Veterans Affairs Secretary Robert Wilkie grew up at Fort Bragg surrounded by Vietnam veterans affected by the toxic chemical Agent Orange. His father, too, was grievously wounded in Vietnam. Still, when given the chance to change policies at the Department of Veterans Affairs to help post-9/11 service members suffering from diseases related to toxic chemical exposure, critics say he chose not to.

In an exclusive interview with the *Washington Examiner*, Wilkie said he did not know if he had the authority to make such changes, and he "would have to go back and look."

For two decades following the American invasion of Afghanistan, service members stationed across the Middle East and Asia have developed rare cancers and ailments that veterans groups say are linked to their exposure to burn pits and toxic chemicals.

Wilkie said he worked on the issue, encouraging more scientific studies, helping to create a registry, and treating all sick veterans who came to the VA. "I knew all about Agent Orange, so I didn't want us to have to go through that," said Wilkie, now a Heritage Foundation visiting fellow. "We didn't turn away a veteran who was ill."

EXCLUSIVE: 'TOXIC WOUNDS ARE WOUNDS,' JON STEWART SAYS OF MILITARY VETERANS AND BURN PITS

But lawmakers and sick veterans say the VA must grant preventive screenings and tests before the onset of disease in order to save lives, and the burden of proof should not be on the veteran. More than a dozen bills before Congress would force the VA to respond.

Mark Jackson, a veteran who served at a contaminated Afghanistan War staging base in Uzbekistan known as "K2," said it's not about treating veterans who are already ill. The need is to test veterans exposed to toxins so that preventable cancers can be addressed early.

"Mr. Wilkie is right when he says an acutely sick veteran can go in for care. That's not what I'm fighting for," said Jackson, who works with the Stronghold Freedom Foundation, which is working to help pass the pending legislation.

"We're fighting for the presumption by the VA that if someone was exposed to radiation at K2 or breathed toxins and jet fuel out of a burn pit, then the default position of the Department of Veterans Affairs is that the illnesses that they are now experiencing are automatically presumed to have occurred due to those exposures," he said.

'Go back and look'

More than a dozen bills before Congress are related to military toxic exposures, including one introduced in April by New York Democratic Sen. Kirsten Gillibrand and Florida Republican Sen. Marco Rubio and promoted by comedian Jon Stewart, who helped pass similar legislation to help 9/11 first responders.

Several of the bills before Congress would grant a presumption of exposure.

Since Wilkie's three years in office ended Jan. 20, Jackson said he knows of veterans exposed to toxins in the line of duty who have died without the long-term care the VA could have provided.

Jackson added that Wilkie had the power to make that change, and he chose not to. Wilkie says he's not sure if he could have helped those veterans or not.

"I would have to go back and look," said Wilkie. "All I did was make sure that anyone presenting himself had the physical, made sure that anyone coming to us who was ill was taken care of. But most of the legislation, going back to Agent Orange, was a VA mandate."

Stewart recently told the *Washington Examiner* the so-called VA mandate means the department has the power to help veterans.

"The secretary of VA has a lot of leeway as far as mandates," Stewart said in a recent phone interview.

"They could deem constrictive bronchiolitis and these cancers and these respiratory illnesses as service-related," he explained. "What we do in our bill is, we basically list all the countries that the U.S. was active in and ... a list of illnesses based on the science of toxic exposure and the types of illnesses that exposure causes."

Wilkie said he hasn't read the bill, and he dismissed Stewart's claim, saying the science isn't there yet. "I have not seen it, and nor have I had time to look at it," said Wilkie. "I'm not a scientist, never have been, and I'm not a doctor, and I've never played one on television, so I would have to look to science to tell me that."

'Free for all'

Wilkie said he depended on research by the National Institutes of Health and the National Academy of Medicine to prove a connection between exposure to toxic burn pits and certain illnesses.

The DOD claims such studies have not "met the criteria for 'sufficient evidence for an association' (relationship) with burn pit exposure."

"If you don't have that, you could have the possibility for a free for all," said Wilkie.

"I think the crux of many of the pieces of legislation on the Hill regarding burn pits had to do with the payment of benefits," Wilkie said. "You get certain kinds of disability benefits based on your medical condition, and I think that they wanted to expand that and make it a presumption that burn pits did these things."

To be sure, Jackson admits that making the presumption clause law will be "insanely expensive."

"That gets to the root of what that bureaucracy has become," he said of the VA. "It is now designed to essentially be a giant screening process to make sure as few people as possible get coverage because it's expensive."

In a written statement to the *Washington Examiner*, the VA did not respond to questions regarding Secretary Denis McDonough's ability to make the described policy changes himself without an act of Congress.

"Secretary McDonough is fully committed to this immediate and deliberate forward-leaning approach that tackles the questions of environmental exposure," a spokesperson said. "VA is seeking every avenue possible to develop a process with the utmost rigor where presumptives can be determined in a more expedient and holistic manner for Veterans. This process includes gathering science from all available sources."

Senate Veterans' Affairs Committee chairman, a Montana Democrat, is working on omnibus legislation that would take the best of the 15 bills currently before Congress.

"I'm done waiting for VA to take action," he said in a statement Friday. "Providing health care and benefits to veterans suffering from the effects of toxic exposure is a cost of war that has to be paid."

How Two Incredible Women Declared War on the Makers of Agent Orange Sprayed All Over Vietnam and the US

https://www.thedailybeast.com/how-two-incredible-women-declared-war-on-the-makers-of-agentorange-sprayed-all-over-vietnam-and-the-us

PAUL SUTTON'S CORNER

America, Please Don't Forget the Victims of Agent Orange

by Nguyễn Phan Quế Mai

Nguyễn Phan Quế Mai, Ph.D., is a Vietnamese novelist and journalist. Her first novel in English, "The Mountains Sing," is set during the Vietnam War.

Forty-six years have passed since the Vietnam War ended on April 30, 1975. While some Americans may prefer to forget its atrocities, and Vietnam is focused on forgiveness and the future, the wounds of Agent Orange victims still demand attention.

Between 1962 and 1971, the U.S. military employed approximately 19.5 million gallons of herbicides in South Vietnam to clear vegetation that was believed to conceal enemy troops and that provided food for them, as part of <u>Operation Ranch Hand</u>. Agent Orange, the most widely used of those defoliants, destroyed <u>five million acres</u> of Vietnamese forests and damaged some 500,000 acres of cropland.

The herbicide contains dioxin, <u>one of the most toxic substances known to science</u>, which remained in the contaminated soil and sediment of water bodies for decades. Before dioxin hot spots were contained and <u>cleanup efforts</u> began, the contamination had spread to <u>fish and shrimp</u>, and, from there, to more people.

On Jan. 26, a French-Vietnamese woman and victim of Agent Orange brought a case against 14 <u>chemical giants before a French court</u> to seek damages for the harmful effects herbicides have had on her and three generations of her family. She seeks to hold the companies, including Dow Chemical and Monsanto (since acquired by Bayer), accountable for their role in making or selling Agent Orange.

At 79, the woman, Ms. Trần Tố Nga, <u>is fighting what may be the last battle of her life</u>. She has cancer, high iodine levels in her blood, genetic abnormalities, among other illnesses linked to Agent Orange. Her children were born with genetic abnormalities; one died when she was only few months old.

With much of the world preoccupied with the pandemic, Ms. Nga's fight for justice has been largely ignored — the same way the innocent people exposed to herbicides sprayed from American military aircrafts in <u>Vietnam</u>, <u>Laos</u> and <u>Cambodia</u> have been overlooked for nearly half a century.

The first time I heard of Agent Orange was in 1980 when I was 7 years old and living in South Vietnam. A neighbor was standing in our kitchen, pointing at a fish we had caught in a stream close to home. The fish was a great catch, but it had two tails and a gigantic, deformed head.

"Don't eat that fish," the neighbor told us, "it has been contaminated by chất độc da cam."

Years later, after I learned English and came across the term Agent Orange, I wondered why Americans used an ambiguous-sounding name for this deadly chemical while Vietnamese farmers, like my parents and our neighbors, chose instead to address it head-on: chất độc da cam, or, "the poison, Agent Orange."

In the 1980s, unlike many Americans who had the luxury of choosing their food, my parents did not. Over half a decade had passed since the war ended, but we were still living under the trade embargo America had placed on Vietnam. We were starving. My parents kept the fish alive in a deep bucket filled with water for some days, replacing the water regularly as they debated what to do. They reasoned that we couldn't be certain the fish's features were caused by chemical contamination.

In their desperation, they argued that even if the fish was contaminated by those American chemicals, the water drawn from the depths of our well would help flush out the toxins.

In the end, my mother went ahead and prepared the fish, much to my joy and that of my two elder brothers. I remember my stick-thin body trembling as I devoured that proteinrich meal, cooked tenderly in lemongrass and ginger harvested from the garden of my mother's love.

Years later, I would look back and wonder at that moment and at the war that took so many lives and traumatized many more. To survive, my family and most of our neighbors were forced to consume whatever food we could find.

After I became a mother, I would count the fingers and toes of my newborn daughter, and later those of my son. My eyes would tear up each time.

Many mothers are not as lucky as me. Not Ms. Nguyệt, who wept with me in the yard of the <u>Thanh Xuân Peace Village</u>, an orphanage that provides charity care for Agent Orange victims near Hanoi where I volunteered organizing activities for kids. Ms. Nguyệt's husband had fought in the contaminated areas in the south and died of cancer. As a single mother who was often out working odd jobs to survive, she had no means of caring for their only child — a boy born with deformities — and had to leave him at the orphanage. It is not known how many parents gave up children born with deformities, but many such orphanages exist throughout Vietnam.

Ms. Nguyệt and her son are among the several million Vietnamese estimated by the Vietnam Association of Victims of Agent Orange, or the VAVA, to be living with the horrific consequences of the defoliant campaign. The number of Laotian and Cambodian victims is unknown, but researchers have been working on <u>assessing the impact</u> of the herbicides there.

Scientists in Vietnam have confirmed high levels of dioxin in the <u>blood and breast</u> <u>milk</u> of people living in hot spots. And in a growing list, the U.S. Department of Veterans Affairs has linked <u>many types of cancers and health problems to these chemicals</u>. American veterans and their offspring who meet certain <u>requirements</u> are eligible for benefits. Over the years, U.S. veterans have secured <u>settlements</u> from chemical manufacturers.

Vietnamese and other victims in Southeast Asia are still waiting for the U.S. government to provide a similar level of assistance. It took decades for the United States to commit almost <u>\$400 million</u> to clean up hot spots and help victims in the heavily sprayed provinces. The United States still has not taken responsibility for the harmful effects of herbicides in Laos or Cambodia.

<u>Vietnamese</u>, Laotian and Cambodian victims of dioxin have never received compensation from the chemical giants that produced, sold and reaped profits from the sale of herbicides. Ms. Nga's lawsuit could be the first that results in compensation for a Vietnamese victim, according to the Collectif Vietnam Dioxine, the organization supporting her case.

In 2004, VAVA filed a class-action suit in the United States against chemical manufacturers on behalf of millions of Vietnamese. However, the American court ultimately dismissed the case on the grounds that it lacked sufficient basis in U.S. and international law and that the supplying of herbicides <u>didn't amount to a war crime</u>.

For years, I have been asking myself this question: Why has the United States offered at least some form of compensation to Americans, but has not done more for the Vietnamese who were also exposed and <u>who have spent years seeking justice</u>?

It is long overdue that we highlight the costs of wars beyond injuries and casualties, to include the damage still inflicted on our health, <u>our families</u> and our environment. It is long overdue that comprehensive actions be taken to help all victims of Agent Orange, regardless of their nationalities.

Even though Jim Doyle has closed down the "Agent Orange Zone" due to continuing personal health problems, I will try to continue to keep those of you that remain interested. abreast of the exposure news as it comes our way. If you wish to be dis-enrolled from these occasional posts, please let me know and I will remove you from our lists. This link is courtesy of Richard Hughes in New York. I've just finished reading "The *Mountains Sing*" by Dr. Nguyen, which is an outstanding read and vivid, unique representation of the war from the Vietnamese perspective.

<u>https://www.nytimes.com/2021/04/30/opinion/sunda</u> <u>y/agent-orange-vietnam-war-</u> <u>anniversary.html?searchResultPosition=1</u>

Released by the VA @ 3:12 p. m. today

The Department of Veterans Affairs (VA) is going to announce it will readjudicate claims for Veterans who served in the offshore waters of the Republic of Vietnam during the Vietnam War.

This review is part of the Veterans Benefits Administration's implementation of the November 5, 2020, U.S. District Court of the Northern District of California decision to readjudicate previously denied claims as applied in Nehmer vs. U.S. Department of Veterans Affairs.

Veterans who were previously denied service connection for an herbicide related presumptive condition due to lack of in-country Vietnam service will automatically have their claims readjudicated.

Readjudication means VA will review the evidence of record and provide replacement decisions in the cases of Veterans who were previously denied service connection for one or more herbicide related conditions on the basis that military service was not performed on the landmass of the Republic of Vietnam or on its inland waterways. This review will also apply to eligible survivors of deceased Vietnam era Veterans. Veterans who have a condition caused by herbicide exposure during military service can file a claim for VA disability compensation at this <u>website</u>.

VA is dedicated to ensuring that all Veterans receive the benefits they have earned and ensures it has the resources in place to meet the needs of the Veteran community. Thank you for your continued support of VA and our joint partnerships.

Thank you, Under Secretary for Benefits Thomas J. Murphy Acting Veterans Benefits Administration Department of Veterans Affairs

Bayer to Re-think Roundup

Courtesy of Jim Doyle...

Bayer to rethink Roundup in U.S. residential market after judge nixes \$2 bln settlement

Three Diseases to be Recognized by VA

Looks like we may finally have a VA Secretary that "has a pair".



VETERANS ADMINISTRATION OFFICE OF THE INSPECTOR GENERAL

Owner of Dog Training School Sentenced for Defrauding VA

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d7678d

Comprehensive Healthcare Inspection of the Aleda E. Lutz VA Medical Center in Saginaw, Michigan

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d7bcb3

Deficiencies in Leaders' Responses to Lapses in Reusable Medical Equipment Reprocessing at the Chillicothe VA Medical Center in Ohio

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d7f69f

Deficiencies in Community Living Center Practices and the Death of a Patient Following Elopement from the Chillicothe VA Medical Center in Ohio

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d7f7ae

Care and Oversight Deficiencies Related to Multiple Homicides at the Louis A. Johnson VA Medical Center in Clarksburg, West Virginia

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d8aa88

Former VA Hospital Nursing Assistant Sentenced to Seven Consecutive Life Sentences for Murdering Seven Veterans and Assault with Intent to Commit Murder of an Eighth

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d8add8

Podcast: VA OIG Team Reflects on PRAC Healthcare Subgroup Work

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d9033e

Former VA Employee Sentenced for Conspiring to Accept Bribes

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d99ce4

The Office of Field Operations Did Not Adequately Oversee Quality Assurance Program Findings

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d9bdad

Inadequate Resident Supervision and Documentation of an Ophthalmology Procedure at the Oklahoma City VA Health Care System in Oklahoma

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d9c19a

Statement of Christopher A. Wilber, Counselor to the Inspector General, Office of Inspector General, U.S. Department of Veterans Affairs, Before the Subcommittee on Oversight and Investigations, Committee on Veterans' Affairs, U.S. House of Representatives, Hearing on "Protecting Whistleblowers and Promoting Accountability: Is VA Making Progress?" May 19, 2021

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d9fc5e

Comprehensive Healthcare Inspection of the Cincinnati VA Medical Center in Ohio

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2da000c

Statement of Michael Bowman, Office of Inspector General, Department of Veterans Affairs, Director of IT and Security Audits Division, Before the Subcommittee on Technology Modernization, <u>Committee on Veterans' Affairs, U.S. House of Representatives,</u> <u>Hearing on Cybersecurity and Risk Management at VA: Addressing</u> <u>Ongoing Challenges and Moving Forward May 20, 2021</u>

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2da39b7

Drug Interactions Related to a Patient Death, Marion VA Medical Center in Illinois

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2da314f

Owner of Dog Training School Sentenced for Defrauding VA

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2d7678d

Pharmacy Technician Arrested for Stealing Prescribed Narcotics

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2da86af

Barber College Owner Pleads Guilty to Wire Fraud Scheme

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2dcb9c0

Deficiencies in Reporting Reliable Physical Infrastructure Cost Estimates for the Electronic Health Record Modernization Program

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2ddf00a

VA Employee Sentenced to Prison for Stealing Veterans' Personal Information

https://www.justice.gov/usao-edar/pr/va-employee-sentenced-prison-stealing-veterans-personal-information

VA OIG Semiannual Report to Congress, October 1, 2020– March 31, 2021

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2dd56ec

Comprehensive Healthcare Inspection of the Chillicothe VA Medical Center in Ohio

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2e1a023

<u>Compensation and Pension Proceeds Were Generally Handled</u> Accurately but Some Were Delayed

https://content.govdelivery.com/accounts/USVAOIG/bulletins/2e19c70





http://www.nhc-ul.org/Bulletin%20210501%20-%20PDF%20Edition.pdf

RAO BULLETIN

15May 2021

http://www.nhc-ul.org/Bulletin%20210515%20-%20PDF%20Edition.pdf

Your Education Benefits are Improving and Expanding!

The spring term is almost over! What are your plans for the summer? Whether you plan on catching some backyard sunshine or just taking some time to catch your breath, the summer break is the perfect time to begin planning for the upcoming fall semester. And just in time, we have a list of ways that VA is improving your VA education experience and expanding your GI Bill® benefits.

Are you ready to begin your education journey, but need help getting started? Check out the <u>GI Bill Comparison tool</u> to learn about programs and even compare benefits by school.

VA is Offering COVID-19 Vaccines to all Veterans

The Department of Veterans Affairs (VA) is now offering COVID-19 vaccines to all Veterans, regardless of their VA healthcare enrollment status, as well as their spouses and caregivers under the <u>SAVE LIVES Act</u>.

VA Medical Centers (VAMC) are expanding distribution of the vaccine to the wider Veteran community, while continuing to prioritize vaccinations and healthcare delivery for Veterans enrolled in VA care. VA is committed to offering COVID-19 vaccines as quickly and safely as possible.

For more information about COVID-19 vaccines at VA or to sign up to receive a COVID-19 vaccine at a VAMC in your area, please <u>click here</u>.

May is Military Appreciation Month! As we celebrate current and former military members, be sure to <u>read our blog on VAntage Point</u> to find out how VA is expanding education benefits to meet the diverse needs of military families.

Summer shopping..? Before you pull out your wallet, check out this <u>list of year</u> round discounts available to Veterans and active duty Service members.

An Improved GI Bill Experience is Coming

Digital GI Bill:

Transforming the way you experience your GI Bill benefits.



VA has launched a new effort building a modernized Digital GI Bill that will *allow you to*:

Explore different program options

- Receive eligibility decisions quickly
- Calculate your educational benefits in a few short steps
- Get guided recommendations on which benefits offer the most value based on your situation
- Engage with the VA electronically for on-the-spot service

We look forward to sharing more updates as we transform the GI Bill experience.

VA is Extending Debt Relief for Veterans

The Debt Management Center, or DMC, recently shared a blog post about <u>ongoing debt relief for students</u>.

DMC also has a new website that includes a debt portal for Veterans. Veterans with benefit debt can now log in to see their debt balance and letters. Please note: the portal is for Veterans only (dependents and school officials do



not have access). To access the tool, visit www.va.gov/manage-va-debt.

Students with questions about VA benefit debt can call the DMC (800-827-0648) from 6:30 a.m. to 6 p.m. CT Monday through Friday or visit <u>https://iris.custhelp.va.gov/app/ask/</u> to submit their requests online.

Switch to Direct Deposit for Your VA Payments



Are you signed up for direct deposit with the Department of Veteran Affairs (VA)? If you're receiving VA pension payments, disability compensation or education payments by check, here are a few reasons why you should consider switching to direct deposit:

- Direct deposit is *faster*. Funds are deposited directly to your bank account. Therefore, you aren't waiting for a paper check to arrive in the mail.
- Direct deposit is *safer*. Because funds are deposited directly into your account, there is no risk of a lost or stolen check.

• Direct deposit is *convenient*. With direct deposit, you can skip the trip to the bank to cash a paper check.

If you're ready to make the switch from paper to a faster, safer and more convenient way to receive your VA payments, visit <u>Direct deposit for your VA benefit payments</u>.

Access Your Benefits through VA.gov

As of April 30, Veterans and their families can access their VA benefits and services on the new and userfriendly <u>www.va.gov</u> website. Users can now access information about VA benefits and services through a single site rather than through multiple locations.



To access their information, users are encouraged to use their current Digital Service (DS) Logon or create a new account using ID.me.

For more information about the switch from eBenefits to VA.gov, read the <u>VAntage</u> <u>Point blog</u>.



To learn more about **what your GI Bill® education benefits can do for you**, visit <u>VA.gov/education</u>. Be sure to follow the <u>Post-9/11 GI</u> <u>Bill Facebook</u> page for timely updates and information about VA education benefits!

Your Opinion Matters

We hear the feedback you provide through the Veteran Signals or commonly called VSignals survey. Your feedback has already helped us expand our outreach to better answer what you've said are your most important questions and streamline some of our



procedures. We care about your experience with VA. You will receive more surveys in the future when you interact with VA to get and use your benefits, and we encourage you to fill those out to help us keep improving.

Learn more about VSignals and the success VA has had using it to better respond to your needs and input.

Avoid Delayed Payments: FAQs for Enrolling in Courses or Training



As students are enrolling in classes for the next semester, here are answers to some frequently asked questions about enrollment, certification, and course changes to help you plan ahead and avoid any confusion or issues that could affect your benefits.

When should I expect my payments to arrive after I enroll?

After your school submits your enrollment, VA will pay tuition to the school directly and pay book stipend and housing payments to you. For new claims, VA's current targets are 24 days for processing a new claim and 12 days for processing an existing claim. On-the-job-training and apprenticeship students generally won't need to submit enrollment but will need to submit monthly hours and get payment the <u>next</u> month. Calls to the Education Call Center peak early in the semester and on the first day of every month, causing longer hold times.

Can I attend school while waiting for VA to make the payment?

Yes, find out more here.

How is my entitlement charged?

For college students, <u>according to your training time</u>. For apprenticeship/on-the-job training, <u>according to the amount of benefits you are receiving</u>. For an accelerated training program, based on the amount of benefits you utilize.

What happens if I need to change my classes?

If you decrease your training time after payment, you may need to repay housing or book benefits. Generally, if you receive a <u>non-punitive grade instead of a punitive</u> <u>grade</u> VA will reduce your benefits unless you have <u>mitigating circumstances</u>, in which case you could still be paid.



US Department of Veterans Affairs Veterans Benefits Administration

1-888-442-4551, TDD: 711

If you know a Veteran who is in crisis, call the <u>Veterans Crisis Line</u> at 1-800-273-8255 and press 1.

Mental Health Topic Email

May 2021

May Is Mental Health Month

Every day, Veterans can take a step toward better mental health and wellbeing. No matter how big or small, **One Step Today** can make a difference. This Mental Health Month, explore the steps you can take to live a healthier life.



Explore the Steps

COVID-19 Vaccine at VA

All Veterans, their spouses and caregivers, and CHAMPVA recipients can now get a COVID-19 vaccine at VA.



Learn More

We Believe In You

Although Sexual Assault Awareness Month has ended, VA continues to provide services and support yearround for Veterans who have experienced military sexual trauma (MST).



Find Support

Regaining Control Through Mindfulness

Given Gus' family background and years of training and service, he never expected to have difficulty transitioning back into civilian life. But after his time in the Army, he says his mental health issues became evident in three ways.



Read Gus' Story

Be There

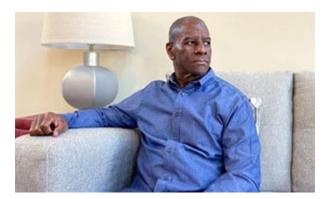
For a Veteran facing hard times, your support can provide hope when it's needed most — and you already have what it takes to show you care. Take a few minutes to check in today.



Learn More

Poor Sleep Can Cause Mental Health Nightmares

Most people experience trouble sleeping occasionally — it's part of life. They might wake up feeling cranky or sluggish, or as if they're not firing on all cylinders. But for some individuals, the picture of poor sleep is much more challenging.



Read the Blog

Veterans' Friends and Family

As a family member or friend of a Veteran, you can play an important role in providing support. People who are close to Veterans are often the first to notice that they are facing a mental health challenge. Let them know you're there for them.



Show Support

VA Mental Health Apps

Use your smartphone or tablet to access mental health support wherever you are, whenever you need it. VA's mental health apps can help you manage PTSD-related symptoms and stress, learn to practice mindfulness, cope with life's challenges, aid in addressing depression, support wellness, and more.



Explore VA Apps

Keep updated & let us know how we're doing.