



**STEVEN A. COHEN MILITARY FAMILY CLINIC**

# **TRAUMATIC BRAIN INJURY PROGRAM**

## **Have you experienced a head injury?**

Some common causes of head injury—also known as traumatic brain injury, or TBI—include blast or other combat-related injuries, falls, car accidents, and contact sports. Some people who experience a head injury lose consciousness (get knocked out). Others feel confused or like they have “had their bell rung.”

## **Are you concerned about your memory, attention, impulse control, and think these problems might be because of your head injury?**

NYU Langone’s Military Family Clinic can help diagnose and treat TBI by providing personalized skills training and strategies to improve everyday functioning.



We offer **free** and **confidential** treatment for veterans with no waiting list for services. Eligible patients include veterans of any era, regardless of discharge status.

## Services

### *Comprehensive neuropsychological evaluation*

You will receive a report which helps you and your healthcare providers learn about your brain functioning. The report shows patterns of a person's cognitive strengths and weaknesses, and the evaluation provides recommendations for follow-up services that could be helpful to improve cognitive functioning.

### *Individual and group cognitive training therapy*

These sessions provide strategies to improve attention, concentration, and memory and can include training on use of organizational systems (e.g., electronic calendars on tablets and audio recording digital pens) to help you achieve your academic and professional goals.

## Contact Us

To schedule an appointment, refer a patient, or for questions about our services, call **855.698.4677** or email **[militaryfamilyclinic@nyumc.org](mailto:militaryfamilyclinic@nyumc.org)**. Our facility is conveniently located at One Park Avenue, 8th Floor, in New York City.

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